Just In Time (P)



拍數: 64 牆數: 0 級數: Partner

編舞者: Robert Hocking (UK)

音樂: A Matter Of Time - Jason Sellers



Position: Opposite footwork throughout. Closed western, Man facing OLOD

MAN'S STEPS

CROSS ROCK CHASSE, WEAVE

1-2 Cross rock left over right, replace weight onto right
3&4 Chasse to left, (small steps) stepping left-right-left
5-8 Cross right over left step left to left, cross right

behind left, step left to left

ROCK, CHASSE 1/4 TURN, ROCK, SHUFFLE 1/2 TURN (LADY'S FULL TURN)

9-10 Rock right over left, replace weight onto left

Release man's right hand, lady's left

11&12 Step right to right, left beside right, step right to right making ½ turn to right (RLOD)

13-14 Rock forward on left, replace weight onto right

Raising man's left hand, lady's right

15&16 Left shuffle ½ turn to left, over left shoulder (LOD)

Lady turning under raised arms, ending in Closed Western facing RLOD

WALK, WALK, SHUFFLE, ROCK SHUFFLE, LADY'S SHUFFLE TURN INTO WRAP

17-18 Walk forward right, left 19&20 Right shuffle forward

21-22 Rock forward on left, replace weight on right

23&24 Left shuffle back

On count 23&24 raise man's left as lady's turn ending in wrap

ROCK BACK. SHUFFLE ½ TURN SHUFFLE

25-26 Rock back on right, replace weight onto left

27&28 Right shuffle forward

29-30 Step forward on left, pivot ½ turn to right (RLOD)

31&32 Left shuffle forward

On count 29 release man's right hand (lady's left) as you turn, finishing in inside hold

ROCK, COASTER STEP, ½ TURN, ¼ TURN

33-34 Rock forward on right, replace weight onto left

35&36 Right coaster step

Release hands on count 37

37-38 Step forward on left, pivot ½ turn to right

39-40 Step forward on left, pivot ¼ turn to right (OLOD)

Facing each other rejoin in open handed hold

ROCK, TRIPLE STEP, ROCK, TRIPLE STEP

On count 41 step forward right shoulder to right shoulder, arms spread out to side shoulder height

41-42 Stepping forward rocking on left, replace onto right Rocking back on count 42 facing each other, double handed hold

43&44 Left triple step, stepping left, right, left

45-46 Rock forward on right, back onto left

On count 45 step forward left shoulder to left shoulder, arms spread out to side shoulder height rocking back on count 46 facing each other, double handed hold

47&48 Right triple step, stepping, right, left, right

49-50 Walk forward left right turning ½ turn to right changing sides (ILOD)

51&52 Triple step, stepping left, right, left

On count 53 change hands man's left, lady's right hands, passing left shoulder to left shoulder

53-54 Walk forward right, left, turning ½ turn to left

Changing sides (OLOD)

Right triple step, stepping right, left, right

ROCK TRIPLE STEP, ROCK CHASSE

57-58 Rock forward on left, back onto right

Rejoining in closed western

59&60 Left triple step, stepping left, right, left 61-62 Rock back on right, forward onto left

63&64 Chasse right, (small steps)

REPEAT

LADY'S STEPS

CROSS ROCK CHASSE, WEAVE

1-2 Cross right behind left, replace weight onto left

3&4 Chasse right, stepping, right, left right

5-8 Cross left behind right, step right to right, cross left over right, step right to right

ROCK, CHASSE 1/4 TURN, ROCK, SHUFFLE 1/2 TURN (LADY'S FULL TURN)

9-10 Rock left behind right, replace weight onto right

Release man's right hand, lady's left

11&12 Step left to left, step right beside left, step left to left turning ¼ turn to left (RLOD)

13-14 Rock forward on right, replace weight onto left

Raising man's left hand, lady's right

15&16 Right shuffle turning full turn to right

Lady's turning under raised arms, ending in closed western facing RLOD

WALK, WALK, SHUFFLE, ROCK SHUFFLE, LADY'S SHUFFLE TURN INTO WRAP

17-18 Walk back left right 19&20 Left shuffle back

21-22 Rock back on right, replace weight onto left 23&24 Right shuffle turning ½ turn to left (LOD)

On count 23&24 raise man's left as lady's turn ending in wrap

ROCK BACK, SHUFFLE 1/2 TURN SHUFFLE

25-26 Rock back on left, replace weight onto right

27&28 Left shuffle forward

29-30 Step forward on right, pivot ½ turn to left (RLOD)

31&32 Right shuffle forward

On count 29 release man's right hand (lady's left) as you turn, finishing in inside hold

ROCK, COASTER STEP, 1/2 TURN, 1/4 TURN

33-34 Rock forward on left, replace weight onto right

35&36 Left coaster step

Release hands on count 37

37-38 Step forward on right, pivot ½ turn to left

39-40 Step forward on right, pivot ¼ turn to left (ILOD)

Facing each other rejoin in open handed hold

ROCK, TRIPLE STEP, ROCK, TRIPLE STEP

On count 41 step forward right shoulder to right shoulder, arms spread out to side shoulder height

41-42 Stepping forward rocking onto right. Replace onto left Rocking back on count 42 facing each other, double handed hold

43&44 Right triple step, stepping right, left, right 45-46 Rock forward on left, back onto right

On count 45 step forward left shoulder to left shoulder, arms spread out to side shoulder height rocking back

on count 46 facing each other, double handed hold 47&48 Left triple step, stepping left, right, left

49-50 Walk forward right, left, turning ½ turn to left

Lady under raised arms, (OLOD)

51&52 Triple step, stepping right, left, right

On count 53 change hands man's left, lady's right hands, passing left shoulder to left shoulder)

53-54 Walk forward left, right, turning ½ turn to right

Lady passing under raised arms (ILOD)

55&56 Left triple step, stepping left, right, left

ROCK TRIPLE STEP, ROCK CHASSE

57-58 Rock back on right, forward onto left

Rejoining in closed western

59&60 Right triple step, stepping right, left, right 61-62 Rock forward on left, back onto right

63&64 Chasse left, (small steps)

REPEAT