Just Gotta Dance

拍數: 32

級數: Improver

編舞者: Nancy Morgan (USA)

音樂: Some Days You Gotta Dance - The Chicks

WALK, WALK, STOMP, CLAP, STOMP, CLAP, STEP BACK RIGHT, STEP BACK LEFT

- 1-2 Walk forward quickly right, left
- 3-4 Stomp right foot forward, clap
- 5-6 Stomp left foot forward, clap
- 7-8 Step back right, left

STEP BACK RIGHT, BRUSH LEFT, STEP FORWARD LEFT, BRUSH RIGHT, VINE RIGHT, STOMP

- 1-2 Step back right, brush left forward
- 3-4 Step forward on left, brush right forward
- 5-6-7 Vine right step right to right side, step left behind right, step right to right side
- 8 Stomp left next to right

REVOLVING VINE LEFT (FULL TURN) WITH BRUSH, STEP BACK ¼ TURN RIGHT, STEP BACK LEFT, RIGHT, STOMP

- 1-2-3As you vine left you will turn a full turn step left to left side as you turn ¼ turn to left, step
back on right ½ turn to left, step left ½ turn to left
- 4 Brush right foot forward
- 5-6-7 As you turn 1/4 turn to your left, step back on right, left, right
- 8 Stomp left next to right

SWIVEL TO LEFT - HEEL, TOE; RIGHT HEEL FORWARD AND TOGETHER, SWIVEL TO RIGHT, LEFT HEEL FORWARD AND TOGETHER

- 1-2 Swivel heels to left, swivel toes to left
- 3-4 Put right heel forward, put right next to left
- 5-6 Swivel heels to right, swivel toes to right
- 7-8 Put left heel forward, put left next to right

REPEAT





牆數:4