

Just Good Ride

COPPERKNOB
BY STEPHEN

拍數: 32

牆數: 4

級數: Intermediate / Advanced - East
coast swing



編舞者: Ronald "RONNIE" Grabs (DE)

音樂: Good Ride Cowboy - Garth Brooks

CROSS, TOUCH, KICK, SAILOR WITH ¼ TURN LEFT & SWEEP, BACK ROCK-RECOVER

- 1 Step left foot across right (1:30)
- 2 Touch right foot next to left
- 3 Kick right foot to diagonal right (1:30)
- 4 Cross right foot behind left (7:30)
- & Step left foot to side left (9:00)
- 5-6 Step right foot to right (9:00) side, turn ¼ to left (face 9:00) and sweep right from front to back
- 7 Rock left foot back (3:00)
- 8 Recover weight to right foot

DIAGONAL FORWARD SHUFFLE, ¼ LEFT & DIAGONAL BACK SHUFFLE, BACK ROCK-RECOVER, STEP-SPIRAL FULL TURN RIGHT

- 9 Turn 1/8 to left and step left foot forward (7:30)
- & Step right foot next to left
- 10 Step left foot forward (7:30)
- 11 Turn ¼ left (face 4:30) and step right foot back (10:30)
- & Step left foot next to right
- 12 Step right foot back (10:30)
- 13 Rock left foot back (10:30)
- 14 Recover weight to right foot
- 15 Step left foot forward (4:30)
- 16 Spiral fully turn right (face 4:30) on left foot and hook right across left

FORWARD ROCK-RECOVER, SAILOR 1/8 TURN LEFT, CROSS BEHIND-SIDE POINT, BEHIND-SIDE-CROSS

- 17 Rock right foot forward (4:30)
- 18 Step left foot back (10:30)
- 19 Cross right foot behind left (12:00)
- & Step left foot to side left (12:00)
- 20 Step right foot to right (6:00)
- 21 Cross left foot behind right (7:30)
- 22 Point right foot to right side (6:00)
- 23 Cross right foot behind left (10:30)
- & Step left foot to side left (12:00)
- 24 Cross right foot in front of left (1:30)

SIDE SHUFFLE, BACK ROCK-RECOVER, SIDE PRESS & HEEL TWIST, TOUCH-BALL (-CROSS)

- 25 Step left foot to side left (12:00)
- & Step right foot next to left
- 26 Step left foot to side left (12:00)
- 27 Cross rock right foot behind left (10:30)
- 28 Recover weight to left foot
- 29 Press right foot to right side and twist right heel in
- 30 Transfer weight on right foot and twist right heel out
- 31 Transfer weight on left foot and twist right heel in

32 Touch right foot next to left
& Small right foot ball step behind (10:30)

REPEAT

TAG

After 4th wall (face 12:00) do the follow 16 counts and start from the top

CROSS, TOUCH, KICK, BEHIND-SIDE-CROSS, TOUCH, KICK, CROSS BEHIND

1 Step left foot across right (1:30)
2 Touch right foot next to left
3 Kick right foot to diagonal right (1:30)
4 Cross right foot behind left (7:30)
& Step left foot to side left (9:00)
5 Step right foot across left (10:30)
6 Touch left foot next to right
7 Kick left foot to diagonal left (10:30)
8 Cross left foot behind right (4:30)

SIDE SHUFFLE, BACK ROCK STEP, SIDE SHUFFLE, HOLD, TOUCH-BALL (-CROSS)

9 Step right foot to side right (3:00)
& Step left foot next to right
10 Step right foot to side right (3:00)
11 Cross rock left foot behind right (4:30)
12 Recover weight to right foot
13 Step left foot to side left (9:00)
& Step right foot next to left
14 Step left foot to side left (9:00)
15 Hold position
16 Touch right foot next to left
& Small right foot ball step behind (7:30)

TAG

At the 11th wall dance to count 16, do the follow 4 counts and remain with count 17

STEP FORWARD & HEEL BOUNCE 4

1-4 Dig right foot heel 4 times
