

Just 4U

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Vivienne Scott (CAN)
音樂: Just For You (Tees Freeze Radio Edit) - Lionel Richie



STEP SIDE TOGETHER, CROSS SHUFFLE, ¼ TURNS TWICE, CROSS SHUFFLE

1-2 Step left to left side, step right beside left
3&4 Cross step left over right, step right to right side, cross step left over right
5-6 Turn ¼ turn left stepping back on right, turn ¼ turn left stepping left to left side
7&8 Cross step right over left, step left to left side, cross right over left

STEP SIDE TOGETHER, CROSS SHUFFLE, ¼ TURNS TWICE, CROSS ROCK

9-10 Step left to left side, step right beside left
11&12 Cross step left over right, step right to right side, cross step left over right
13-14 Turn ¼ turn left stepping back on right, turn ¼ turn left stepping left to left side
15-16 Cross rock over left, recover on left

SIDE STEPS WITH HOLDS, ROCK BACK, SHUFFLE WITH ¼ TURN

17-18 Step right to right side, hold
&19-20 Step left beside right, step right to right side, hold
21-22 Rock left behind right, recover on right
23&24 Step left to left side with ¼ turn left, close right beside left, step left forward

¼ PIVOTS TWICE, STEP TURN STEP, TOE TOUCH STEP

25-26 Step forward right, pivot ¼ turn to left
27-28 Step forward right, pivot ¼ turn to left
29-30 Step right to right side turning ½ turn left, step back left
31-32 Touch right toe forward, step right slightly forward (option: finger snaps on count 31)

STEP TURN STEP, TOE TOUCH STEP, SIDE POINT, STEP FORWARD, ROCK, RECOVER

33-34 Step forward left turning ½ turn right, step back right
35-36 Touch left toe forward, step left forward (option: finger snaps on count 35)
37-38 Touch right toe to right side, step right forward
39-40 Rock forward on left, recover on right

½ TURN SHUFFLE, SIDE POINT, STEP FORWARD, ROCK RECOVER, ½ TURN STEP BACK, STEP TOGETHER

41&42 Step left foot back making ½ turn left, close right beside left, step left forward
43-44 Touch right toe to right side, step forward on right
45-46 Rock forward on left, recover on right
47-48 Step back left making ½ turn left, step right beside left (weight on right)

REPEAT

ENDING

Continue to dance the music fades. Dance counts 25-28 so that you face the back wall. Dance 29-32 so you will face the front. Step forward onto left & fling arms to side for drama on the last note.