Just 4 Fun

拍數: 32

級數: Beginner

編舞者: Pat Stott (UK)

音樂: Tell Me Ma - Sham Rock

WALK FORWARD - RIGHT, LEFT, RIGHT, KICK, WALK BACK - LEFT, RIGHT, LEFT, BALL CROSS

- 1-4 Walk forward right, left, right, kick left forward raising arms (whoo!)
- 5-7 Walk back left, right, left
- &8 Step onto ball of right, cross left over right

VINE RIGHT, KICK AND CLAP, VINE LEFT WITH ¼ TURN LEFT, SCUFF

- 9-12 Step right to right, left behind right, step right to right, kick left across right & clap
- 13-16 Step left to left, cross right behind left, turn ¼ to left and step forward on left, scuff right heel forward

FORWARD, CLAP, BACK, CLAP, BACK, CLAP, FORWARD, CLAP

- 17-18 Step diagonally forward on right, tap left next to right and clap
- 19-20 Step diagonally back on left, tap right next to left and clap
- 21-22 Step diagonally back on right, tap left next to right and clap
- 23-24 Step diagonally forward on left, tap right next to left and clap

STOMP, STOMP, BRUSH, BRUSH, CLAP, SNAP, STOMP, FLICK

- 25-26 Stomp right, stomp left (feet slightly apart)
- 27-28 Brush both arms back, brush both arms forward (brush hands gently on legs)
- 29-30 Clap hands, snap fingers with arms raised to shoulder level
- 31-32 Stomp right next to left (without weight), flick right foot up behind you raising arms again

Maybe another whoo! If you want, its up to you!

REPEAT





牆數:4