

Just For You

拍數: 48 牆數: 4 級數: Intermediate
編舞者: John Reid (UK)
音樂: Just for You - Lionel Richie



RIGHT ROCK CROSS SHUFFLE, LEFT ROCK CROSS SHUFFLE

1-2 Rock right to right side, recover weight onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, recover weight on to right
7&8 Cross left over right, step right to right side, cross left over right

RIGHT BEHIND, ¼ SHUFFLE, ½ LEFT SHUFFLE

9-10 Step right to right side, step left behind right
11&12 Make a ¼ turn right stepping right foot forward, step left next to right, step right foot forward
13-14 Step forward left, pivot ½ turn right
15&16 Step forward left, step right next to left, step forward left

FULL TURN, RIGHT SHUFFLE, ROCK AND A COASTER STEP

17-18 Make a full turn going forward right, left
19&20 Step right foot forward, step left next to right, step right foot forward
21-22 Rock forward on left, recover weight on right
23&24 Step back left, step right next to left, step right foot forward

ROCK ¾ TURN, BOX STEP TOUCH

25-26 Rock forward right, recover weight onto left
27&28 Make a ¾ turn over your right shoulder as you shuffle right, left, right
29-32 Cross left over right, step back right, step left foot to left side, touch right toe next to left

FULL ROLLING VINE TOUCH, ¼ SHUFFLE, ½ TURN

33-36 Rolling grapevine to the right
37&38 Make a ¼ turn left stepping left foot forward, step right next to left, step left foot forward
39-44 Step forward right, pivot ½ turn left

TOUCH SIDE COASTER, TOUCH SIDE BEHIND IN FRONT

41-42 Touch right toe forward, to the side
43&44 Step back right, step left next to right, step forward right
45-46 Touch left toe forward, to the side
47&48 Cross left behind right, step right to right side, cross left in front of right

REPEAT
