

Just For You

拍數: 48 牆數: 4 級數: Improver
編舞者: Sharon Hutchinson (UK)
音樂: Just for You - Lionel Richie



SIDE, BEHIND, AND CROSS, AND CROSS, SIDE ROCK, BEHIND, SIDE CROSS

- 1-2 Step right foot to right side, cross left foot behind right
&3&4 Step right foot to right side, cross left foot over right, step right foot to right side, cross left foot over right
5-6 Rock to right side with right foot, recover weight onto left foot
7&8 Cross right foot behind left foot, step left foot to left side, cross right foot over left

STEP PIVOT ½ TURN TWICE, STEP, HOLD, BALL STEP, TOUCH

- 1-2 Step forward on left foot, pivot ½ turn right
3-4 Step forward on left foot, pivot ½ turn right
5-6 Step forward on left foot, hold 1 count
&7-8 Step ball of right foot next to left, step forward on left foot, touch right foot next to left

MODIFIED MONTEREY TURN, ¾ TURN, SHUFFLE FORWARD

- 1-2 Touch right toe to right side, make ½ turn right closing right foot next to left
3&4 Rock left foot to left side, recover weight onto right foot, cross left foot over right
5-6 Make ¼ turn left stepping back on right foot, make ½ turn left stepping left foot forward
7&8 Shuffle forward on right foot

STEP, HOLD, BALL STEP, TOUCH, WALK BACK X3, POINT

- 1-2 Step forward on left foot, hold 1 count
&3-4 Step ball of right foot next to left, step forward on left foot, touch right foot next to left
5-6-7 Walk back right, left, right, (optional full turn right moving back on counts 5, 6)
8 Point left toe to left side

JAZZ BOX ¼ TURN, TOUCH, STEP PIVOT ½ TURN, SHUFFLE FORWARD

- 1-2 Cross left foot over right, step back on right foot
3-4 Make ¼ turn left stepping forward on left foot, touch right foot next to left
5-6- Step forward on right foot, pivot ½ turn left
7&8 Shuffle forward on right foot

FULL TURN, SHUFFLE FORWARD, JAZZ BOX ¼ TURN

- 1-2 Making ½ turn right step back on left foot, making ½ turn right step forward on right foot
Easy option walk forward on left, right
3&4 Shuffle forward on left foot
5-6 Cross right foot over left, step back on left foot
7-8 Make ¼ turn right stepping forward on right foot, close left foot next to right

REPEAT