

Just For You

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Ruth Cubitt (UK)
音樂: Just for You - Lionel Richie



TOUCH SWEEP, WEAVE LEFT, TOUCH SIDE

1-2 Touch right next to left, sweep right from front to behind
3-8 Touch right behind, left to left side, right cross, left to left side, right behind, touch left to left side

CROSS POINT TWICE, SIDE SWITCHES, & STEP HALF TURN

9-10 Cross left over right, point right to right side
11-12 Cross right over left, point left to left side
&13&14 Left foot in, switch right to right, right foot in, switch left to left
&15-16 Left foot in, step right forward, ½ turn left

STEP SLIDE, STEP TOUCH TWICE - TRAVELING FORWARD ON DIAGONAL ("SHOOP, SHOOP" STEPS)

17-18 Step right forward, slide left forward, roll hips forward & back
19-20 Step right forward, touch left to right (hip rolls)
21-22 Step left forward, slide right forward (hip roll)
23-24 Step left forward, touch right to left (hip roll)

TWO RIGHT HEEL JACKS, MONTEREY TURN

&25&26 Step weight back onto ball of right foot and dig left heel forward, bring left foot in with weight and touch right foot to it
&27&28 Repeat &25&26
29-30 Point right to right side, spin ½ turn right, weight on left foot, bringing right foot in
31-32 Point left foot to left side, bring left foot in

TWO RIGHT HEEL JACKS, ROCK & CROSS SHUFFLE

&33-36 Repeat steps &25-28
37-38 Rock to right side & recover weight
39&40 Cross right over left, step, cross (weight on right)

ROCK ¼ TURN, HALF TURN SHUFFLE, BACK ROCK, RIGHT FLICK & STEP

41-42 Rock to left side on left foot, recover weight onto right foot turning ¼ right
43&44 Shuffle left, right, left turning ½ right
45-46 Rock back on right and recover
47-48 Right flick, ball, step (weight ends on left foot)

REPEAT

TAG

After completing 4 walls (12:00)

ROCK COASTER STEP TWICE, RIGHT & LEFT LOCK STEPS, STEP PIVOT HALF TURN, SHUFFLE HALF TURN

1-2-3&4 Rock forward on right, recover weight., back left coaster step
5-6-7&8 Rock forward on left, recover weight, back right coaster step
9&10&11&12 Step right forward, lock left, step right, step forward left, lock right, step left, step forward right
13-14-15&16 Step forward left, ½ turn right, shuffle ½ turn right stepping left, right, left

Weight on left foot ready to restart dance

