

Just For Today

COPPER KNOB
BY STEPHEN B. T. S.

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Linus Ellis (USA) & Cherie Belle Johnson
音樂: Love Will Find a Way - Christina Aguilera



RIGHT VINE WITH SYNCOPATED DIAGONAL COASTER, LEFT VINE WITH SYNCOPATED DIAGONAL COASTER, STEP ACROSS

- 1 Step right to right side
- 2 Cross left behind right turning 45 degree left
- & Step right to right side
- 3 Step left slightly forward in new direction
- 4 Cross right over left
- 5 Step left to left side facing front again
- 6 Cross right behind left turning 45 degree right
- & Step left to left side
- 7 Step right slightly forward in new direction
- 8 Cross left over right

BACK STEP, COASTER STEP, ½ LEFT STEP PIVOT, FORWARD LOCKING SHUFFLE, ½ LEFT SPIN WITH HOOK

- 1 Step back on right facing front again
- 2 Step back on left
- & Step right next to left
- 3 Step forward on left
- 4 Step forward on right
- 5 Pivot ½ turn left (weight ends on left)
- 6 Step forward on right
- & Slide left in a lock/cross behind right
- 7 Step forward on right
- 8 Turn ½ turn left on ball of right foot, hooking left across shin of right

STEP FORWARD, CROSS PUSH/ROCKS TRAVELING FORWARD, STEP FORWARD

- 1 Step left forward across right
- 2 Push/rock right to right side (some weight remains on left)
- & Rock back onto left
- 3 Step right across front of left traveling forward
- 4 Push/rock left to left side (some weight remains on right)
- & Rock back onto right
- 5 Step left across front of right traveling forward
- 6 Push/rock right to right side (some weight remains on left)
- & Rock back onto left
- 7 Step right across front of left traveling forward
- 8 Step forward on left

½ PIVOT RIGHT, LEFT COPA, FULL TRAVELING TURN LEFT, RIGHT COPA, ¼ TURN RIGHT

- 1 Spinning ½ turn right on ball of left foot, step forward on right foot
- 2 Rock left forward leaving some weight on right
- & Rock back onto right leaving a little weight on left
- 3 Swing lower body back, sliding left back to right foot ending with right toe even with left instep, transferring weight to left foot

The following two counts are a continuous turn

- 4 Spin left $\frac{1}{2}$ turn on ball of left stepping back on right
- 5 Spin left $\frac{1}{2}$ turn on ball of right stepping forward on left
- 6 Rock right forward leaving some weight on left
- & Rock back onto left leaving a little weight on right
- 7 Swing lower body back, sliding right back to left foot ending with left toe even with right instep, transferring weigh to right foot
- 8 Spin $\frac{1}{4}$ turn right on ball of right and step left to the left

REPEAT
