

Just For Norma

COPPER KNOB
BY STEPHEN METZ

拍數: 48 牆數: 2 級數: Improver
編舞者: Lesley Johnston (AUS) & Valma Johnston
音樂: Rose of My Heart - Hugh Moffatt



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- 1-3 Waltz step forward right-left-right
4-6 Waltz step forward left-right-left
- 1-3 Step back on right as you $\frac{1}{2}$ turn left (right-left-right)
4-6 Waltz step forward left-right-left
- 1-3 Waltz step forward right-left-right
4-6 Stepping left over right (turning $\frac{1}{4}$ turn right) step forward on right pivoting $\frac{1}{2}$ turn to left step left
- 1-3 Waltz step forward right-left-right
4-6 Stepping back on left $\frac{1}{4}$ turn (left-right-left)
- 1-3 Step right over left as you turn your body at left 45 degrees - step left to side & pivoting on ball of both feet turn 45 degrees to right
4-6 Repeat the last three counts on left
- 1-3 Repeat the last three counts on right
4-6 Repeat the last three counts on left & straighten on 3rd count
- 1-3 Waltz step forward right-left-right
4-6 Step back on left as you $\frac{1}{4}$ turn to left & continue waltz right-left
- 1-3 Waltz forward right-left-right
4-6 Step back on left as you $\frac{1}{4}$ turn to left & continue waltz right-left

REPEAT
