

Just Do It

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Gemma McAlinden
音樂: The Devil Made Me Do It - Donna Fisk & Michael Cristian



CHASSE RIGHT AND LEFT WITH ROCK STEPS

- 1-2 Chasse to right
- 3-4 Rock back on left, then forward onto right
- 5-6 Chasse to left
- 7-8 Rock back on right, then forward onto left

FORWARD KICK, FULL TURN, CHASSE RIGHT ROCK STEP

- 9-10 Kick right foot forward, cross right over left
- 11-12 Unwind for two counts over left shoulder
- 13-14 Chasse to the right
- 15-16 Rock back onto left, then forward onto right

TRAVELING DWIGHT STEPS, BACK SHUFFLE ROCK STEP BACK

- 17-18 Left toe to left side, place left heel to left side
- 19-20 Left toe to left side, place left heel to left side
- 21-22 Shuffle back left
- 23-24 Rock back onto right then forward onto left

FORWARD STEP SWEEP AND CROSS CHASSE ROCK STEP

- 25-26 Step forward right sweep left foot forward
- 27-28 Sweep left foot across right, click fingers
- 29-30 Chasse left
- 31-32 Rock back onto right then forward onto left

TRAVELING DWIGHT STEPS RIGHT, BACK SHUFFLE BACK ROCK

- 33-34 Place right toe to right side, place left heel to right side
- 35-36 Place right toe to right side, place left heel to right side
- 37-38 Shuffle back left
- 39-40 Rock back onto right then forward onto left

SWEEPS SHUFFLE HALF TURN

- 41-42 Step forward left sweep right foot forward
- 43-44 Sweep right foot across left click fingers up
- 45-46 Shuffle forward right
- 47-48 Step forward left, pivot half turn right

SHUFFLE FULL TURN BOX STEP QUARTER TURN

- 49-50 Shuffle forward left
- 51-52 Half turn left step back on right, half turn left step forward left
- 53-54 Cross right foot over left, step back onto left
- 55-56 Step right foot into quarter turn right, step left foot to left side

HEEL SLAPS MONTEREY TURN

- 57-58 Flick right heel up to right side and slap with right hand, place right heel forward
- 59-60 Flick right heel up across to left side and slap with left hand place right heel forward
- 61-62 Place right toe to right side, half turn over right shoulder, place right foot to right side

63-64

Point left toe to left side and together

REPEAT
