

Just Do It

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Don't Know Why I Do It - Mark Chesnutt



SHUFFLE, SIDE STEP, HOLD

1&2 Shuffle forward (right-left-right)
3-4 Step left to left & hold (weight on left)
5-8 Repeat steps 1-4

SWING KICK, STEP, TAP, STEP, SWING KICK, TAP, HOLD

1-2 Kick right foot forward & out to the right
3-4 Step down on right foot, tap left toe behind right foot
5 Step forward on left
6-7 Kick right foot forward & swing it back behind left foot
&8 Tap left toe behind right foot & hold

SIDE STEP, TOE TAP

1-2 Step left to left, tap right toe behind left foot
3-4 Step right to right, tap left toe behind right foot
5-8 Repeat steps 1-4

STEP TURN HOLD TWICE, STEP TURN, TRIPLE STEP

1-2 Step left to left turning $\frac{1}{4}$ left & hold
3-4 Step forward on right turning $\frac{1}{4}$ left & hold
5-6 Step forward on left & pivot $\frac{1}{2}$ turn right
7&8 Triple step $\frac{1}{4}$ turn right (left-right-left)

SIDE ROCK, JAZZ BOX, STEP PIVOT $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN, STEP BACK, SCUFF

1-2 Rock right to right, rock left in place
3&4 Cross right over left, step back on left, step right to right
5-6 Step forward on left & pivot $\frac{1}{2}$ turn right
7 Pivot on ball of right foot, turning $\frac{1}{2}$ right, stepping left back
8 Scuff right foot forward

STEP, HEEL SWIVELS TWICE

1-2 Step forward on right & twist heels out
3&4 Twist heels in, out, in
5-6 Step forward on left & twist heels out
7&8 Twist heel in, out, in

REPEAT
