

# Just Do It

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Put Your Heart Into It - Sherrié Austin



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## RIGHT HEEL AND TOE TOUCHES AND CLAPS, HEEL-TOE-HEEL, CLAP

- 1-2      Touch right heel forward, clap
- 3-4      Touch right toe back, clap
- 5-6      Touch right heel forward, touch right toe back
- 7-8      Touch right heel forward, clap

## ½ TURN TO RIGHT, STOMP LEFT-RIGHT, HEEL AND TOE TOUCHES AND CLAPS

- 1-2      Touch right toe back, turn ½ to right and transfer weight to right foot (right foot is forward)
- 3-4      Stomp together left-right
- 5-6      Touch left heel forward, clap
- 7-8      Touch left toe back, clap

## HEEL-TOE-HEEL, CLAP, ½ TURN TO LEFT, STOMP RIGHT-LEFT

- 1-2      Touch left heel forward, touch left toe back
- 3-4      Touch left heel forward, clap
- 5-6      Touch left toe back, turn ½ to left and transfer weight to left foot (left foot is forward)
- 7-8      Stomp together right-left

## VINE RIGHT WITH ¼ TURN AND STOMP, SWIVELS TO LEFT (TOES-HEELS-TOES), RIGHT FOOT STOMP (UP)

- 1-2      Step right foot to right, cross left foot behind right foot
- 3-4      Step right foot to right making ¼ turn to right, stomp left foot next to right foot
- 5-6      With weight on heels swivel both toes to left, put weight on toes and swivel both heels to left
- 7-8      With weight on heels swivel both toes to center, stomp right foot (up) next to left foot (weight remains on left foot)

**REPEAT**

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