Just Dance With Me!



拍數: 32 牆數: 4 級數: Intermediate cha cha

編舞者: Sarah DeLisle (USA)

音樂: This Magic Moment - Rick James



With help from Amanda

SIDE, CROSS ROCK, RECOVER, TRIPLE SIDE, TOUCH-UNWIND 3/4-STEP

1-2-3 Step right foot to right side, cross left foot over right, replace weight to right

4&5 Triple step to left (left, right, left)

6-7 Touch right toe behind left foot, start ¾ unwind to right taking weight on right, finish unwind

stepping slightly forward on left foot

TRIPLE FORWARD, ROCK, RECOVER, TRIPLE BACK, ROCK, RECOVER

8&1 Triple forward (right, left, right)

2-3 Rock forward onto left foot, recover weight to right

4&5 Triple back (left, right, left)

6-7 Rock back on right foot, recover weight to left

STEP-TURN-CROSS, SWAY LEFT-RIGHT-LEFT, STEP-CROSS, SIDE, 1/4 LEFT-SIDE

8&1 Step forward on right foot, turn ¼ to left changing weight to left, cross right over left

2-3-4 Sway left, sway right, sway left

&5-6 Step right next to left, cross left over right, step right to right side

&7 Turn ¼ to left, step left to left side

CROSS ROCK-RECOVER-SIDE, SWAY LEFT, RIGHT, CROSS ROCK-RECOVER-SIDE, SWAY RIGHT, LEFT, SIDE-STEP

8&1 Cross right over left, replace weight to left, step right to right side

2-3 Sway left, sway right

4&5 Cross left over right, replace weight to right, step left to left side

6-7 Sway right, sway left

8& Step right to right side, step left next to right

REPEAT