

Just..."Bob"

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Charlotte Skeeters (USA)
音樂: Bob Robert's Society Band - Jimmy Buffett



Dance starts with 1/4 turn left on the '&' count each 32 count sequence

¼ TURN(&), CROSS, HOLD, SIDE(&), CROSS, SIDE, 2-SAILOR SHUFFLES:

& Right step forward into ¼ turn left(&)
1-2 Left cross over right; hold
&3-4 Right step side right(&); left cross over right; right step side right
5&6 Left cross behind right; right step side right; left step side left
7&8 Right cross behind left; left step side left; right step side right

ROCK, ROCK, DIAGONAL, LOCK, SIDE(&), CROSS, RECOVER, SIDE(&), CROSS, RECOVER:

1-2 Left rock-step back; right rock-step forward
3-4 Left step forward diagonal left; right cross-lock behind left
Next 6 steps(4 counts) should be animated rocking-swinging-small jumping motion!
& Left step side left (small jump)
5 Right rock-cross over left
Keep left back in place, lift slightly off floor
6 Recover weight back on left
& Right step side right (small jump)
7 Left rock-cross over right
Keep right back in place, lift slightly off floor
8 Recover weight back on right

BACK(&), FORWARD, ½ PIVOT, FORWARD, ½ PIVOT, ROCK, ROCK, TURN, TURN:

&1-2 Left step back(&); right step forward; pivot ½ turn left(end weight left)
3-4 Right step forward; pivot ½ turn left (end weight. Left)
5-6 Right rock step forward; left rock-step back
7- Pivot on ball of left into ½ turn right and step right forward
8- Pivot on ball of right into ½ turn right and step left back
Keep right foot forward

ROLL FORWARD, ROLL BACK, POINT/TAP, &, POINT/TAP, &, POINT/TAP, HOLD:

On counts 1-4, be creative. Do whatever feels good
1-2 Roll body and/or hips forward (2 counts)
3-4 Roll body and/or hips back (2 counts) weight ends on left
5& Right toe point/tap forward; right step next to left
6& Left toe point/tap forward; left step next to right
7-8 Right toe point/tap forward; hold

REPEAT