

One Night

COPPER KNOB
STEPSHETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Andrew Palmer (UK) & Simon Cox (UK)
音樂: Give Me Just One Night (Una Noche) - 98 Degrees



**STEP R, STEP
TOGETHER,
STEP BACK,
PAUSE, STEP
L, STEP
TOGETHER,
STEP
FORWARD,
PAUSE**

1-2 Step right to
right side, step
left in place
beside right
3-4 Step back
right, pause
5-6 Step left to
left side, step
right in place
beside left
7-8 Step
forward left,
pause

**ROCK R
FORWARD,
RECOVER,
STEP BACK,
PAUSE,
COASTER
STEP, PAUSE**

1-2 Rock
forward on right,
recover weight
on left
3-4 Step back
right, pause.
5-6 Step back
on left, step
back together
with right
7-8 Step
forward left,
pause

**RIGHT OVER
L, STEP L
BACK, STEP R,
PAUSE, L
OVER R, ROCK
R, RECOVER,
R OVER L**

1-2 Step right
over left, step

back on left

3-4 Step right to
right side,

pause

5-6 Step left
over right, rock
right to right
side

7-8 Recover
weight to left,
step right over
left

**ROCK L,
RECOVER, L
BEHIND R,
STEP R, L
OVER R, ROCK
R, RECOVER
R, R OVER L**

1-2 Rock left to
left side,

recover weight
to right

3-4 Step left
behind right,
step right to
right side

5-6 Step left
over right, rock
right to right
side

7-8 Recover
weight to left,
step right over
left

**LONG STEP L,
DRAG, ROCK
BACK R,
RECOVER, ¼
TURN R,
PAUSE, ½
RIGHT, STEP R
BACK**

1-2 Long step
left to left side,
slide right
towards left
foot

3-4 Rock back
on right, recover
weight to left
5-6 Step right $\frac{1}{4}$
turn right,
pause
7-8 $\frac{1}{2}$ turn right
stepping back
on left, step
back right

**L BACK,
PAUSE, ROCK
BACK R,
RECOVER,
STEP R
FORWARD,
PAUSE, L
OVER R, STEP
R BACK**

1-2 Step back
left, pause
3-4 Rock back
on right, recover
weight on left
5-6 Step
forward right,
pause
7-8 Step left
over right, step
back on right

**LONG STEP L,
DRAG, ROCK
BACK R,
RECOVER, $\frac{1}{4}$
TURN L, L
BEHIND R,
STEP R,
TOUCH L.**

1-2 Long step
left to left side,
slide right
towards left
foot
3-4 Rock back
on right, recover
weight to left
5-6 Step right
forward and $\frac{1}{4}$
turn left, step
left behind right
7-8 Step right to
right side, touch
left in place
beside right

**LONG STEP L,
DRAG, ROCK
BACK R,
RECOVER,
STEP ½ TURN,
STEP, ½
TURN**

1-2 Long step
left to left side,
slide right
towards left
foot.

3-4 Rock back
on right, recover
weight on left

5-6 Step right
forward, pivot ½
turn left (12
o'clock)

7-8 Step right
forward, pivot ½
turn left. (6
o'clock)

START AGAIN
