

Poetry In Motion

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Masters In Line (UK) - July 2004
音樂: The Poet - Liberty X



SIDE, ROCK BEHIND AND ¼, STEP ½ STEP, STEP ¾ STEP, SIDE TOUCHES

- 1,2& Step left foot to left side, rock right foot behind left, rock forward on left foot
3,4& Making ¼ turn right step right foot forward, step forward on left foot, pivot ½ turn right
5,6& Step forward on left foot, step forward on right foot, pivot ¾ turn left
7& Step right foot to right side, touch left toe next to right
8& Touch left toe to left side, touch left toe next to right

STEP ¼ CROSS, STEP BACK ¼ CROSS, CROSS SIDE BEHIND, ¾ TURN RIGHT.

- 1, 2 & Making a ¼ turn left step left foot forward, step right foot to right side, cross left foot in front of right
3, 4 & Making a ¼ turn left step back on right foot, step left foot to left side, cross right foot in front of left
5, 6 & Making a ¼ turn left step left foot forward, step right foot to right side, cross left foot behind right
7& 8 & Making a ¼ turn to right step right foot forward, step left next to right, making a ¼ turn right step right foot forward, make ¼ turn right stepping left next to right

¼ CROSS, SIDE, BEHIND, BEHIND, SIDE, CROSS, CROSS LEFT, FULL TURN LEFT

- a 1 Step right foot in place as you sweep left foot in a semi circle to front (ready to cross over right) as you make a ¼ turn right
2 & 3 Cross left over right, step right to right side, step left behind right as you sweep right round to behind left
4 & 5 Cross right behind left, step left to left side, cross right over left
6 & 7 Rock left to left side, replace weight onto right, cross left over right
& 8 Make ¼ turn left as you step back on right, make ½ turn left as you step forward on left
& Make ¼ turn left as you step right to right side

BACK ROCK SIDE MAKING ¼, ¼ SIDE CROSS SIDE, BACK ROCK ½ TURN RIGHT, SIDE STEPS

- 1 & 2 Rock back on left, replace weight onto right, make ¼ turn right as you step back on left
3 & 4 Make ¼ turn right as you step right to right side, cross left over right, step right to right side
5 & 6 Rock back on left, replace weight onto right, make ½ turn right as you step back on left
& 7 Step right to right side, cross left over right
& 8 & Step right to right side, rock back onto left, replace weight onto right (ready to start again stepping left to left side)

START AGAIN