

Mr Vain

COPPERKNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Paul Crawshaw (UK)
音樂: Mr. Vain - Culture Beat



**SYNCOPATED
HIP BUMPS,
SYNCOPATED
STEP LOCK
STEPS**

1&2 Step
diagonally
forward on right,
bumping hips
forward back
forward
3&4 Step
diagonally
forward on left,
bumping hips
forward back
forward
5&6 Step
forward on right,
lock left behind
right, step
forward on right
7&8 Step
forward on left,
lock right behind
left, step
forward on left

**SYNCOPATED
JAZZ BOX
WITH POINT,
CROSS
SHUFFLES TO
LEFT**

1-2 Cross right
over left, step
back on left
&3-4 Step right
next to left,
cross left over
right, point right
toe to right
5&6 Cross right
over left, step
left to left, cross
right over left

&7&8 Step left
to left, cross
right over left,
step left to left,
cross right over
left

**SYNCOATED
JAZZ BOX
WITH POINT,
CROSS
SHUFFLES TO
RIGHT**

1-2 Cross left
over right, step
back on right
&3-4 Step left
next to right,
cross right over
left, point left
toe to left
5&6 Cross left
over right, step
right to right,
cross left over
right
&7&8 Step right
to right, cross
left over right,
step right to
right, cross left
over right

**ROCKING
ROGER
RABBITS**

&1&2 Scoot
back on left,
step back on
right behind left,
scoot back on
right, step back
on left behind
right
&3&4 Scoot
back on left,
step back on
right, rock
forward on left,
rock back on
right
&5&6 Scoot
back on right,
step back on left
behind right,
scoot back on
left, step back
on right behind
left

&7&8 Scoot
back on right,
step forward on
left, rock back
on right, rock
forward on left

1/2

**MONTEREY
TURN RIGHT,
HEEL AND
TOE**

SWITCHES

1-4 Touch right
toe to right, on
ball of left turn
1/2 right and
place right next
to left, touch left
to left, step left
next to right

5&6 Touch right
heel diagonally
forward, step
right next to left,
touch left heel
diagonally
forward

&7&8 Step left
next to right,
touch right toe
behind left,
place right next
to right, touch
left heel
diagonally
forward

1/4

**MONTEREY
TURN RIGHT,
HEEL AND
TOE**

SWITCHES

&1-4 Step left
next to right,
touch right toe
to right, on ball
of left turn 1/4
right and step
right next to left,
touch left to left,
step left next to
right

5&6 Touch right
heel diagonally
forward, step
right next to left,
touch left heel
diagonally
forward

&7&8 Step left
next to right,
touch right toe
behind left, step
right next to left,
touch left heel
diagonally
forward

**RIGHT ROCK,
LEFT CROSS
SHUFFLE,
LEFT ROCK,
RIGHT CROSS
SHUFFLE**

&1-2 Step left
next to right,
rock right to
right, recover
weight on left

3&4 Cross right
over left, step
left to left, cross
right over left

5-6 Rock left to
left, recover
weight on right

7&8 Cross left
over right, step
right to right,
cross left over
right

**1/2 PIVOT
LEFT,
FORWARD
RIGHT
SHUFFLE,
FORWARD
ROCK, TRIPLE
3/4 TURN
LEFT**

1-2 Step
forward on right,
pivot 1/2 left

3&4 Step
forward on right,
place left next to
right, step
forward on right

5-6 Rock
forward on left,
recover weight
on to right
7&8 3/4 turn
left, stepping left
right left
