

Oceans Of Fantasy

COPPERKNOB
BY STEPHEN M. T. S.

拍數: 32 牆數: 2 級數: Improver
編舞者: Amos Ghui
音樂: Oceans of Fantasy - Boney M.



Note: There is an Intro. Start dancing the intro on vocals and then proceed to dance the actual dance.

Intro

Forward Shuffle
right, rock,
recover, back
shuffle left, rock,
recover

1&2 Shuffle
forward right,
right-left-right
3-4 Rock
forward on left,
recover on right
5&6 Shuffle
back left, left-
right-left
7-8 Rock back
on right, recover
on left

Pivot ½ turn, ½
turn back
shuffle, rock,
recover, kick-
ball-change

1-2 Step
forward on right,
pivot ½ turn left
(weight on left)
3&4 Back
shuffle right,
right-left-right,
while turning a
½ turn left
5-6 Rock back
on right, recover
on left

7&8 Kick right
foot forward,
step right foot
beside left, step
left foot beside
right (kick-ball-
change)

**Rock forward
left, recover,
back shuffle,
back, hook,
shuffle forward**
1-2 Rock
forward on left,
recover on right
3&4 Back
shuffle left, left-
right-left
5-6 Rock back
on right, hook
left leg in front
of right
7&8 Forward
shuffle left, left-
right-left

**Side rock
shuffle, side
rock shuffle**
1-2 Rock right
to side, recover
on left
3&4 Shuffle in
place, right-left-
right
5-6 Rock left to
side, recover on
right
7&8 Shuffle in
place, left-right-
left

**Heel bounce on
right 4X**
1-4 Bounce
right heel 4
times

*Optional hand
actions: As you
bounce your
right foot, push
your right hand
out in the
direction your
foot is pointing
with each
bounce.*

The Actual Dance

**Jump out, jump
in, cross,
recover side
cross side**

&1-2 Side step
right to side (&),
side step left to
side (1)(with a
little jump/hop),
hold for one
count (2)

&3-4 Step right
slightly apart
from left (&),
step left beside
right (3), hold
for one count
(4)

5-6 Cross right
over left,
recover on left

&7-8 Step right
to side (&),
cross left over
right (7), step
right to side (8)

**Cross, recover,
¼ shuffle left,
kick-ball-
change, pivot ½
turn**

1-2 Cross left
over right,
recover on right

3&4 Shuffle left
turning ¼ turn
left, left-right-
left

5&6 Kick right
forward, step
right beside left,
step left slightly
forward (kick-
ball change)

7-8 Step right
forward, pivot ½
turn left

**Shuffle forward
right, kick-ball-
change, rock,
recover, coaster
step**

1&2 Shuffle
forward on right,
right-left-right

3&4 Kick left
forward, step
left beside left,
step right
slightly forward
(kick-ball-
change)
5-6 Rock left
forward, recover
on right
7&8 Step left
behind right,
step right
beside left, step
left forward
(coaster step)

**Step $\frac{1}{4}$ turn,
step left, cross
shuffle, step $\frac{1}{2}$
turn right, step
right, cross
shuffle**

1-2 Step right to
side turning $\frac{1}{4}$
turn left, step
left to side
3&4 Cross
shuffle right,
right-left-right
5-6 Step to side
turning $\frac{1}{2}$ turn
right, step right
to side
7&8 Cross
shuffle left, left-
right-left

Have fun
dancing!!!

Tag

At the beginning
of the 4th wall,
dance these
steps then start
from the
beginning of the
dance again.

Sway

1-4 Sway left,
right, left then
right

5-8 Sway left,
right, left then
right

Restart

At the 5th wall,
dance until the
3rd eight, count
1-2, then do a
kick-ball-touch,
then start the
whole dance
again.

Description of
kick-ball-touch.

1&2 Kick left
forward, step
left beside right,
touch right
beside left
