

Now I Can Dance

COPPER KNOB
BY STEPHEN

拍數: 80 牆數: 2 級數: Improver
編舞者: Joseph Yip (SG)
音樂: Do You Love Me - The Contours



SECTION A

MASHED

POTATOES

BACK, RIGHT

VINE ¼ RIGHT

TURN, STOMP

1 With wt on
ball of left foot,
turn both toes
inward & lift
right foot slightly
off floor

2 Step back on
right foot,
turning both
toes outward

3 With wt on
ball of right foot,
turn both toes
inward & lift left
foot slightly off
floor

4 Step back on
left foot, turning
both toes
outward

5-8 Right to
right, left behind
right, right
forward ¼ turn
right, left stomp
next to right

SWIVEL

HEELS, TOES

LEFT, RIGHT

VINE ¼ RIGHT

TURN, STEP

1-2-3-4 Swivel
heels left, then
toes left, for
steps 3-4 repeat
1-2

5-8 Right to
right, left behind
right, right
forward ¼ turn
right, left step
next to right

**MONTEREY ½
TURN RIGHT
TWICE**

1-2 Right toe
touch side, turn
½ right & step
on right next to
left

3-4 Left toe
touch side, left
step next to
right (weight on
left)

5-8 Repeat 1-4

**TOE STRUTS,
'ROCKING
CHAIR'**

1-4 Right toe
touch back,
snap down right
heel, left toe
touch back,
snap down left
heel

5-6-7-8 Step
back right, rock
onto left, step
forward right,
rock onto left

**TOE STRUTS,
'ROCKING
CHAIR'**

1-4 Right toe
touch back,
snap down right
heel, left toe
touch back,
snap down left
heel

5-6-7-8 Step
back right, rock
onto left, step
forward right,
rock onto left

**RIGHT VINE
(OPTIONAL
FULL TURN),
TOUCH, LEFT
VINE ½ TURN
LEFT, STEP**

1-2-3-4 Step
right to right,
step left behind
right, step right
to right, touch
left next to right

5-6-7-8 Step left
to left, step right
behind left, step
forward left $\frac{1}{4}$
left, step right
next to left
turning $\frac{1}{4}$ left on
left

SECTION B

**JUMP BACK &
HOLD TWICE,
MONTEREY $\frac{1}{2}$
TURN RIGHT**

1-2 Bending
knees slightly
jump back on
both feet with
both palms
pushing
forward, hold
3-4 Repeat 1-2
5-6 Right toe
touch side, turn
 $\frac{1}{2}$ right & step
on right next to
left
7-8 Left toe
touch side, left
step next to
right (weight on
left)

**JUMP BACK &
HOLD TWICE,
SHIMMY
RIGHT, STEP**

1-2 Bending
knees slightly
jump back on
both feet with
both palms
pushing
forward, hold
3-4 Repeat 1-2
5-7 Step long
step right to
right side,
shimming
shoulders (over
3 counts)
8 Step left next
to right with a
clap

**JUMP BACK &
HOLD TWICE,
PIVOT $\frac{1}{2}$ TURN
LEFT TWICE**

1-2 Bending
knees slightly
jump back on
both feet with
both palms
pushing
forward, hold
3-4 Repeat 1-2
5-6-7-8 Step
right forward,
pivot $\frac{1}{2}$ turn left,
twice

**CROSS STEP,
HOLD & CLAP
2, SIDE, HOLD
& CLAP,
TWICE**

1&2-3-4 Right
cross over
left(1), hold &
clap twice(&2),
left to left(3),
hold &clap(4)
5&6-7-8 Repeat
1&2-3-4
