

Rainbow Connection (aka Punggol Seduction)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Peter Ng (SG)
音樂: The Rainbow Connection - Sarah McLachlan



Intro: 24 Counts

RIGHT SAILOR, WEAVE RIGHT

1-3 Step right behind left, step ball of left to side, step right diagonal forward
4-6 Step left behind right, step right side right, step left over right

SCISSORS CROSS, ¾ TURN ON THE SPOT

7-9 Step right to side, step left beside right, step right over left
10-12 Step left back turning ¼ right, step right to right turning ¼ right, step left back turning ¼ right

RIGHT WALTZ BACK, WALK CROSS, LOW HITCH DIAGONAL

13-15 Step back on right, step ball of left next to right, step right in place
16-18 Step left forward, cross right over left, low hitch left diagonal left and spread hands at waist level.

LEFT TWINKLE, RIGHT TWINKLE ¼ TURN RIGHT

19-21 Cross left over right, step right to right side, close left beside right
21-24 Cross right over left, turn ¼ right stepping left to left side, close right beside left

LEFT CROSS TWINKLE, SIDE STEP DRAG

25-27 Cross left over right, step right to right side, close left beside right
28-30 Wide step right to side, drag left towards right, touch left beside right

1¼ TURN LEFT ROLLING VINE, FORWARD BASIC

31-33 Step left to left turning 1/4 left, right step back turning ½ left, Left step forward turning ½ left
34-36 Step right forward, step left next to right, step right next to left

LEFT BACK CROSS BACK, RIGHT BACK CROSS BACK

37-39 Step back on left, step ball of right over left, left step back
40-42 Step back on right, step ball of left over right, right step back

ROCK 1/2 TURN RIGHT, SIDE CROSS POINT

43-45 Rock back on left, recover on Right turning ½ right on ball of right, step back on left
46-48 Step right to side turning ¼ right, cross left over right, point right to side

REPEAT

EASY TAG (After completing 2 repetitions - facing front wall)

BACKWARD WALTZ, FORWARD STEP DRAG

1-3 Waltz backward right-left-right
4-6 Left step forward, drag right close to left, touch right beside left

RESTART (After completing 4 repetitions - facing front wall)

Dance 1 - 21 and restart the dance at 9 o'clock. Wait for music to prompt restart.

ENDING*** (Music slows down - facing back wall.)

Dance 1 - 17 and unwind left on count 18.

***Ending contributed by friends from Mike Yoong's Sunday class.
