

Zoom!

拍數: 64 牆數: 4 級數:
編舞者: Peter Metelnick (UK)
音樂: Not So Fast - Lisa Erskine



VINE RIGHT WITH ½ RIGHT & HITCH, STEP TOUCH CLAP LEFT & RIGHT

- 1-4 Step right foot to right side, cross step left foot behind right, step right foot to right side, hitch left knee up & pivot ½ right on right foot (now facing back wall)
- 5-8 Step left foot to left side, touch right foot together & clap/snap, step right foot to right side, touch left foot to left side & clap/snap

VINE LEFT, VINE RIGHT WITH ½ RIGHT & HITCH

- 1-4 Step left foot to left side, cross step right foot behind left, step left foot to left side, touch right foot together
- 5-8 Step right foot to right side, cross step left foot behind right, step right foot to right side, hitch left knee up & pivot ½ right on right foot (now facing front wall)

STEP TOUCH CLAP LEFT & RIGHT, VINE LEFT WITH ¼ LEFT, SCUFF RIGHT

- 1-4 Step left foot to left side, touch right foot together & clap/snap, step right foot to right side, touch left foot to left side & clap/snap
- 5-8 Step left foot to left side, cross step right foot behind left, step left foot to left side turning ¼ left, scuff right foot forward

CUT BACK TWICE, RIGHT JAZZ BOX WITH ¼ RIGHT

- 1-4 Cross step right foot over left, step left foot back, cross step right foot over left foot, step left foot back
- 5-6 Cross step right foot over left foot, step left foot back
- 7-8 Step right foot to right side turning ¼ right, step left foot together

RIGHT SIDE TOUCH, RIGHT CROSS OVER, LEFT SIDE TOUCH, LEFT CROSS OVER, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, KICK LEFT FORWARD

- 1-4 Touch right toes out to right side, cross step right foot in front of left foot, touch left toes out to left side, cross step left foot in front of right foot
- 5-8 Step right foot forward, pivot ½ left and step down on left foot, step right foot forward, kick left foot forward

LEFT, RIGHT, LEFT TOES STEPS BACK, RIGHT ROCK BACK & RECOVER

- 1-6 Touch left toes back, step left heel down, touch right toes back, step right heel down, touch left toes back, touch left heel down
- 7-8 Step right foot back & rock back, recover weight on left foot

DIAGONAL FORWARD, TOGETHER, FORWARD, TOUCH-RIGHT & LEFT

- 1-4 On a right diagonal step right foot forward, step/slide left foot together, step right foot forward, touch left foot together
- 5-8 On a left diagonal step left foot forward, step/slide right foot together, step left foot forward, scuff right foot forward

RIGHT JAZZ BOX WITH ¼ RIGHT TURN, STEP TOUCH CLAP RIGHT & LEFT

- 1-4 Cross step right foot over left foot, step left foot back, step right foot to right side turning ¼ right, step left foot together
- 5-8 Step right foot to right side, touch left foot together & clap/snap, step left foot to left side, touch right foot together & clap/snap

REPEAT
