

Zhen Qing Bi Jou Nong

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Peg-Foo Siew
音樂: Zhen Qing Bi Jou Nong - Jiang Shu Na



POINT, CROSS, STEP BALL POINT, VINE LEFT AND POINT

1-2 Point left toe to left side, cross left behind right
3&4 Step right to right side, step left next to right, point right toe to right side
5-6 Cross right behind left, step left to left side
7-8 Cross right over left, point left toe to left side

CROSS, UNWIND $\frac{3}{4}$ TURN RIGHT, BACK SHUFFLE, BACK ROCK, WALK, WALK

1-2 Cross left over right, unwind $\frac{3}{4}$ right ending with weight on left
3&4 Step right back, step left next to right, step right back
5-6 Step left back, rock forward on right
7-8 Step left forward, step right forward

STEP, PIVOT $\frac{1}{2}$ TURN RIGHT, STEP, ROCK, ROCK, STEP, PIVOT $\frac{1}{2}$ TURN LEFT, STEP, ROCK, ROCK

1-2 Step left forward, pivot $\frac{1}{2}$ turn right
3&4 Angle your body with left shoulder diagonally forward as you step left forward, rock back on right, rock forward on left
5-6 Step right forward, pivot $\frac{1}{2}$ turn left
7&8 Angle your body with right shoulder diagonally forward as you step right forward, rock back on left, rock forward on right

LOCK DIAGONAL FORWARD LEFT, HIP BUMPS DIAGONAL RIGHT, LOCK DIAGONAL FORWARD RIGHT, HIP BUMPS DIAGONAL LEFT

1&2 Step left diagonally forward left, lock right behind left, step left diagonally forward left
3-4 Step right diagonally forward right and bump hips in the same direction, recover weight on left
5&6 Step right diagonally forward right, lock left behind right, step right diagonally forward right
7-8 Step left diagonally forward left and bump hips in the same direction, recover weight on right

FORWARD, TOUCH, BACK SHUFFLE, BACK, TOUCH, FORWARD SHUFFLE

1-2 Step left forward, touch right toe behind left foot
3&4 Step right back, step left next to right, step right back
5-6 Step left back, touch right toe in front of left foot
7&8 Step right forward, step left next to right, step right forward

TURN, TURN, TURN CHASSE, CROSS ROCK, SIDE, TOGETHER, STEP

1-2 Make a $\frac{1}{4}$ right turn and step left to left side, turn another $\frac{1}{4}$ right and step right forward
3&4 Continue with another $\frac{1}{4}$ turn right and step left to left side, step right next to left, step left to left side
5-6 Cross right behind left, rock back on left
7&8 Step right to right side, step left next to right, step right in place

REPEAT