

Zest Appeal

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate cha cha
編舞者: Michele Perron (CAN)
音樂: Boom Shack-A-Lack - Apache Indian



SIDE, FORWARD, BACK, CHA-CHA BACK/TURN, BACK, FORWARD, CHA-CHA SIDE

1-2-3 Right step to side right, left break/step forward, right recover/step back
4&5 Left locking cha-cha back with $\frac{1}{4}$ turn right (begin turn, lock, turn) (3:00)
6-7 Right break/step back, left recover/step forward
8&1 Right cha-cha side right

SIDE, FORWARD, BACK, CHA-CHA BACK/TURN, BACK, FORWARD, CHA-CHA SIDE

2-3 Left break/step forward, right recover/step back
4&5 Left locking cha-cha back with $\frac{1}{4}$ turn right (begin turn, lock, turn) (6:00)
6-7 Right break/step back, left recover/step forward
8&1 Right cha-cha side right

HITCH, ACROSS, BUMP & BUMP, ROCK, ROCK/TURN, CHA-CHA FORWARD

2 Left knee/hitch across front of right (face diagonal right)
3 Left step in front of right (face diagonal right)
4&5 Hip bumps: back, center, back
6-7 Left rock forward, execute $\frac{1}{4}$ turn left with right rock back (3:00)

Option: end with left in spiral foot position

8&1 Left cha-cha forward

TURN/TOUCH, TURN/STEP, CHA-CHA FORWARD, FORWARD, TURN, CHA-CHA FORWARD

2 Execute $\frac{1}{4}$ turn left with right touch to side right, finger snaps above shoulders, bend knees slightly (12:00)
3 Execute $\frac{1}{4}$ turn right with right step forward (3:00)
4&5 Left cha-cha forward
6-7 Right step forward, execute $\frac{1}{2}$ turn left with left step (forward) (9:00)
8&1 Right cha-cha forward

TURN/TOUCH, TURN/STEP, CHA-CHA FORWARD, FORWARD, PIVOT/TURN, CHA-CHA FORWARD

2 Execute $\frac{1}{4}$ turn right with left touch to side left, finger snaps above shoulders, bend knees slightly (12:00)
3 Execute $\frac{1}{4}$ turn left with left step forward (9:00)
4&5 Right cha-cha forward
6-7 Left step forward, execute $\frac{1}{2}$ turn right with right step (forward) (3:00)
8&1 Left cha-cha forward

FORWARD, BACK, CHA-CHA BACK, BACK, FORWARD, TOGETHER

2-3 Right break/step forward, left recover/step back
4&5 Right cha-cha back
6-7 Left break/step back, right recover/step forward
8 Left step beside right

REPEAT

Option: on any cha-cha traveling forward or back, execute locking cha-cha

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After two repetitions (back wall), execute two sets of "crossover breaks", total 16 counts

- 1-2 Right step to side right (toes turned out), execute $\frac{1}{4}$ turn right left break/step forward
- 3 Right recover/step back with $\frac{1}{4}$ turn left
- 4&5 Left cha-cha to side (toes turned out on 5)
- 6 Execute $\frac{1}{4}$ turn left, right break/step forward
- 7 Left recover/step back with $\frac{1}{4}$ turn right
- 8& Right cha-cha side right (right step side right, left step beside right)

9-16& repeat counts 1-8&

Option: execute walkaround (full) turns to the right (counts 2,3,4) or to the left (counts 6,7,8)
