

Zero To Hero

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Jules Langstaff (UK)
音樂: Zero To Hero - Sarah Connor



RIGHT SIDE ROCK, TOGETHER, LEFT SIDE ROCK, TOGETHER, MONTEREY TURN ½ RIGHT

1-2 Rock right to side, recover onto left
&3-4 Step right together, rock left to side, recover onto right
&5-6 Step left together, touch right to side, turn ½ right and step right together
7-8 Touch left to side, step left together

RIGHT KICK, SIDE, TOGETHER TWICE, RIGHT SIDE ROCK, JUMP FORWARD RIGHT, LEFT, JUMP BACK RIGHT, LEFT

1&2 Kick right across left, step right to side, step left together
3&4 Repeat 1&2
5-6 Rock right to side, recover onto left
&7&8 Step right diagonally forward, step left to side, step right back, step left together

After dancing walls 1 and 2, dance 16 counts (classed as 3rd wall) and restart here at 12:00

HEEL TWIST, ROCKING CHAIR, LEFT SHUFFLE BACK TURN ½ RIGHT

1-2 Swivel heels to left, swivel heels to center (weight to right)
3-4 Rock left forward, recover onto right
5-6 Rock left back, recover onto right
7&8 Turn ¼ right and step left to side, step right together, turn ¼ right and step left back

STEP BACK, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD RIGHT, TOUCH LEFT, TOUCH LEFT, HEEL TWIST

1-2 Step right back, touch left together
3-4 Step left forward, touch right toe to side
5-6 Step right forward, touch left toe to side
7&8 Touch left together, swivel heels left, swivel heels to center (weight to right)

After dancing walls 4 and 5 dance up to here, to face 6:00 add tag and restart at 6:00

STEP LEFT FORWARD, STEP FORWARD RIGHT, PIVOT TURN ½ LEFT, STEP, LOCK, STEP, LOCK, STEP, LEFT ROCK FORWARD

1-2 Step left forward, step right forward
3-4 Turn ½ left (weight to left), step right forward
5-6&7 Lock left behind right, step right forward, lock left behind right, step right forward
8-1 Rock left forward, recover onto right

SIDE STEP TURN ¼ LEFT, TOGETHER, LEFT SIDE SHUFFLE, RIGHT CROSS ROCK

2-31 Turn ¼ left and step left to side, step right together
4&5 Step left to side, step right together, step left to side
6-7 Cross/rock right over left, recover onto left
8-1 Step right to side, step left together

RIGHT SIDE SHUFFLE, LEFT CROSS ROCK, HINGE TURN ½ LEFT, LEFT BACK ROCK

2&3 Step right to side, step left together, step right to side
4-5 Cross/rock left over right, recover onto right
6-7 Turn ¼ left and step left forward, turn ¼ left and step right to side
8-1 Rock left back, recover onto right

LEFT SIDE, TOGETHER, LEFT SIDE SHUFFLE, RIGHT CROSS ROCK, RIGHT SIDE STEP, PLACE LEFT

2-3 Step left to side, step right together

4&5 Step left to side, step right together, step left to side

6-7 Cross/rock right over left, recover onto left

8& Step right to side, step left together

REPEAT

TAG

1-4 Rock left forward, recover onto right, step left back, touch right together
