

Yum, Yum!

拍數: 64 牆數: 4 級數: Improver
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Shortenin' Bread - The Tractors



DIAGONAL TAPS & STEPS, KICKS

- 1-2 Tap right toes diagonally forward right, step right a little further diagonally forward right
3-4 Tap left toes diagonally forward left, step left a little further diagonally forward left
During counts 1-4 push shoulders in direction of movement for each count
5-6 Kick right across left (swing both arms up and to the right at right shoulder), step right beside left (swing both arms down across the body and click fingers)
7-8 Kick left across right (swing both arms up and to the left at left shoulder), step left beside right (swing both arms down across the body and click fingers)

TOES OUT-HEELS OUT- HEELS IN-TOES IN, STEP, ½ PIVOT, SHUFFLE

- 9-10 Twist both toes out, twist both heels out
11-12 Twist both heels in, twist both toes in
During counts 9-12, with hands at waist height, palms down, twist hands to mirror the movement of the feet.
13-14 Step right forward, pivot ½ turn left
15&16 Step right forward, step left beside right, step right forward

DIAGONAL TAPS & STEPS, KICKS

- 17-18 Tap left toes diagonally forward left, step left a little further diagonally forward left
19-20 Tap right toes diagonally forward right, step right a little further diagonally forward right
During counts 17-20 push shoulders in direction of movement for each count
21-22 Kick left across right (swing both arms up and to the left at left shoulder), step left beside right (swing both arms down across the body and click fingers)
23-24 Kick right across left (swing both arms up and to the right at right shoulder), step right beside left (swing both arms down across the body and click fingers)

TOES OUT-HEELS OUT- HEELS IN-TOES IN, STEP, ½ PIVOT, SHUFFLE

- 25-26 Twist both toes out, twist both heels out
27-28 Twist both heels in, twist both toes in
During counts 25-28, with hands at waist height, palms down, twist hands to mirror the movement of the feet.
29-30 Step left forward, pivot ½ turn right
31&32 Step left forward, step right beside left, step left forward

HEEL SWITCHES WITH ¼ TURN, SHIMMY TWICE

- 33&34& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
35&36& Make ¼ turn right and touch right heel forward, step right beside left, touch left heel forward, step left beside right
37-38 Step right to right and shimmy right over 2 counts, bending knees
39-40 Shimmy left over 2 counts, bending knees (weight ends on left)

HEEL SWITCHES WITH ¼ TURN, SHIMMY TWICE

- 41-48 Repeat counts 33-40

QUICK STEP, FORWARD, TOUCH, BACK, TOGETHER, BACK, HOOK, FORWARD, SCUFF

- &49-50 Quick step right beside left, step left forward, touch right toes behind left heel
On count 50 bend at knees, lean forward and click fingers down low
51-52 Step right back, step left beside right
53-54 Step right back, hook left across right

On count 54 lean back and click fingers up high

55-56 Step left forward, scuff right forward

WALKS, STOMP, FLICK WITH ¼ TURN, FOUR PRISSY STEPS

57-58 Walk forward on right, left

59-60 Stomp right beside left, making ¼ turn left flick right back and slightly to right

61-62 Step right forward and across left angling body to left, step left forward and across right angling body to right

63-64 Step right forward and across left angling body to left, step left forward and across right angling body to right

REPEAT
