

Your Stepping Stone

COPPER KNOB
STEPPING STONES

拍數: 32 牆數: 4 級數: Improver
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Steppin' Stone - Scooter Lee



FORWARD & BACK TOE STRUTS

1-2-3-4 Right toe forward, step down on right heel, left toe forward, step down on left heel
5-6-7-8 Right toe back, step down on right heel, left toe back, step down on left heel

RIGHT & LEFT SIDE SHUFFLES, ROCK STEPS

1&2-3-4 Right shuffle, right left right, rock back on left, recover right
5&6-7-8 Left shuffle, left right left, rock back on right, recover left

¼ TURNS, SIDE SHUFFLES

1&2 Right side shuffle, right left right
3&4 ¼ turn left, shuffle left right left
5&6 ¼ turn left, shuffle right left right
7&8 ¼ turn left, shuffle left right left

RIGHT MONTEREY TURN, RIGHT & LEFT SIDE TOUCHES WITH CLAPS

1-2-3-4 Touch right toe to right side, ½ turn right as you step right next to left, touch left toe to left side, step left next to right
&5-6 Step right to right side, touch left next to right and clap
&7-8 Step left to left side, touch right next to left and clap

REPEAT
