

# Your Promise (P)

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 0      級數: Partner  
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音樂: He's Got You - Brooks & Dunn



Position: Right Side-By-Side

## CROSS ROCKS, TRIPLES IN PLACE

1-2            Cross right foot over left and step, rock back on left  
3&4           Triple step in place (right-left-right)  
5-6           Cross left foot over right and step, rock back onto right foot  
7&8           Triple step in place (left-right-left)

## FORWARD SHUFFLES

9&10           Shuffle forward (right-left-right)  
11&12          Shuffle forward (left-right-left)  
13-16          Repeat beats 9-12

## ROCKING CHAIR, COASTER STEP, WALK, WALK, TRIPLE FORWARD

17-18           Step forward on right foot, rock back on left  
19&20          Step back on right foot, step back on left, step forward on right  
21-22           Step forward on left, step forward on right  
23&24          Triple step forward (left-right-left)

## TO THE RIGHT MILITARY TURN, VINE LEFT, SWAYS, TRIPLE IN PLACE

25-26           Step forward on right foot pivoting  $\frac{1}{4}$  turn to the right on ball of right and shift weight to left  
(facing OLOD in Indian Position)  
27-28           Cross right foot behind left and step, step to the left on left foot  
29-30           Step to the right on right foot and sway hips to the right, shift weight to left swaying hips to left  
31&32           Triple step in place (right-left-right)

**Option: bump hips right-left-right instead of triple steps**

**Man raises both of lady's hands above her head as lady swivels her hands inside of man's during rolling turns**

## MAN: VINES / LADY: ROLLING TURNS

33-34           **MAN:** Step to the left on left foot, cross right behind left  
**LADY:** Step to the left on left foot and begin a full rolling turn to the left traveling to left, step  
on right foot and continue full rolling turn to the left  
35-36           **MAN:** Step to the left on left foot, touch right toe next to left  
**LADY:** Step on left foot and complete full rolling turn to the left (bringing arms down parallel to  
floor), touch right toe next to left foot  
37-38           **MAN:** Step to the right on right, cross left foot behind right  
**LADY:** Step to the right on right and begin a full rolling turn to the right traveling to the right  
raising hands again, step on left foot and continue full rolling turn to the right  
39-40           **MAN:** Step to the right on right, touch left toe next to right  
**LADY:** Step on right foot and complete full rolling turn to the right, touch left toe next to right  
foot

## STEP-SLIDES, STEP-TOUCHES

41-42           Step left on left, slide right foot next to left and step  
**Option: extend left arms left, turn heads to the left, right hands on lady's waist**  
43-44           Step to the left on left foot, touch right toe next to left foot  
45-46           Step right on right, slide left foot next to right and step  
**Option: extend right arms right, turn heads to the right, left hands on lady's waist**

47-48 Step to the right on right foot, touch left toe next to right foot

**STEP SLIDE, TRIPLE STEP LEFT, STEP SLIDE, TRIPLE STEP RIGHT**

49-50 Placing hands on lady's shoulders step to the left on left foot, slide right foot next to left

51&52 Triple step to left left-right-left

53-54 Step to the right on right foot, step left next to right

55&56 Triple step to right right-left-right

**VINE WITH TURN / LADY: TO THE LEFT ROLLING LEFT RIGHT TRIPLE STEP, BOTH STEP, SCUFF, STEP HIP HIP**

57-58 **MAN:** Step to the left on left foot, cross right foot behind left

**LADY:** Step to the left on left foot to begin 1-¼ rolling turn to the left to the left releasing left hands, step on right foot and continue 1-¼ turn to the left (you're facing RLOD)

59&60 **MAN:** Triple step left-right-left into a ¼ turn to the left

**LADY:** Triple step left-right-left turning ½ turn to the left joining left hands in front facing LOD in right side by side position

61-62 Step forward on right, scuff left foot forward

63&64 Step forward on left swinging hip to left at same time, and swing hip to right, swing hip to left

**REPEAT**

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