Your Place Or Mine?

級數: Intermediate

編舞者: Judy McDonald (CAN)

音樂: Live Close By, Visit Often - K.T. Oslin

RIGHT TOUCH, HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Touch right beside left, bump hips right
- 3&4 Bump hips left, bump hips right, bump hips left

RIGHT TOUCH OUT, RIGHT TOUCH IN, RIGHT KICK STEP CROSS

- 5-6 Touch right out to side, touch right beside left
- 7&8 Kick right forward, step right back, step left across in front of right

RIGHT STEP, LEFT KICK STEP CROSS, LEFT KICK STEP CROSS

1 Step right to side

拍數: 32

- 2&3 Kick left across in front of right, step left back, step right across in front of left
- 4&5 Kick left across in front of right, step left back, step right across in front of left

LEFT STEP, RIGHT KICK STEP CROSS

- Step left to side 6
- 7&8 Kick right forward, step right back, step left across in front of right

RIGHT STEP, LEFT TOUCH, LEFT STEP 1/4 TURN, RIGHT TOUCH

- 1-2 Step right to side, touch left in place
- 3-4 Step left in place making 1/4 turn right, touch right in place

Your feet should be about shoulder width apart for this, and you can do body rolls here for some style.

BEND KNEES, HIP BUMPS RIGHT, LEFT, RIGHT, LEFT, RIGHT

- 5-6 Bend knees--sit, bump hips right keeping weight on left
- 7&8& Bump hips left, bump hips right, bump hips left, bump hips right

Keep weight on left for all of the bumps. You could also do shoulder isolations instead of the hip bumps

RIGHT TOUCH, RIGHT STEP, LEFT TOUCH, LEFT STEP

- 1-2 Touch right in place while bumping hip right, step right in place
- 3-4 Touch left forward while bumping hip left, step left in place

RIGHT STEP, PIVOT ½ STEP LEFT, RIGHT KICK, RIGHT STEP, LEFT TOUCH, LEFT STEP

- 5-6 Step right forward, pivot 1/2 turn left step in place
- 7&8& Kick right forward, step right beside left, touch left beside right, step left in place

REPEAT

TAG 1

After 3rd time you do the dance, repeat the last 8 counts of the dance twice

Tag 2

The next time you get to the same wall as the 1st tag, hold for 4 counts





牆數:4