

Your Day

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Lone Darling (DK) & Lene Nielsen (DK)
音樂: The Spirit of the Hawk - Rednex



RIGHT ROCK STEP FORWARD, RIGHT CHASSE LEFT ROCK STEP FORWARD, LEFT CHASSE

1-2 Rock forward on right recover on left
3&4 Step right to right step left beside right step right to right
5-6 Rock forward on left recover on right
7&8 Step left to left step right beside left step left to left

TOUCH FORWARD, TOUCH BACK, TURN ¼ RIGHT, TOUCH FORWARD, TOUCH BACK, TURN ¼ LEFT

1-2 Touch right heel forward touch right toe back
3-4 Turn ¼ right on both feet close left beside right
5-6 Touch left heel forward touch left toe back
7-8 Turn ¼ left on both feet close right beside left

MODIFIED JAZZ BOX WITH SIDE TOUCH. JAZZ BOX WITH ½ TURN

1-2 Step right over left step back left
&3-4 Step right to right side cross left over right point right to right side
5-6 Step right over left step left ¼ to right
7-8 Step right ¼ to right step left beside right

RIGHT & LEFT DIAGONAL STEPS WITH HEEL & TOE SWIVELS

1 Stomp right diagonal forward to right
2-4 Swivel left up to right heel in, to in, heel in (weight on right)
5 Stomp left diagonal forward to left
6-8 Swivel right up to left, heel in, toe in, heel in. Weight on left

Option: on the last 8 counts, when you stomp right take you right hand up in front of the cowboy hat and lean a little forward when you swivel. Change to left hand when you stomp left

REPEAT

To Ingrid Hansen who loves this track