The Young Ones

拍數: 64

級數: Beginner

編舞者: Karl-Harry Winson (UK)

音樂: The Young Ones - Cliff Richard

ROCKING CHAIR, JAZZ BOX (SHADOW STEP) WITH A 1/4 RIGHT

- 1-2 Rock forward on the right, recover back on the left
- 3-4 Rock back on the right, recover forward on the left
- 5-6 Cross right foot over left foot, step back on the left
- 7-8 Make a 1/4 turn with the right foot, step left next to the right

ROCKING CHAIR, JAZZ BOX (SHADOW STEP) WITH A ¼ RIGHT

- 1-2 Rock forward on the right, recover back on the left
- 3-4 Rock back on the right, recover forward on the left
- 5-6 Cross right foot over left foot, step back on the left
- 7-8 Make a ¹/₄ turn with the right foot, step left next to the right

VINE TO THE RIGHT & TAP, STEP TAPS

- 1-2 Step right to the right side, cross left behind right
- 3-4 Step right to the right side, tap left next to right
- 5-6 Step left to the left side, tap right next to the left
- 7-8 Step right to the right side, tap left next to right

VINE TO THE LEFT & TAP, STEP TAPS

- 1-2 Step left to the left side, cross right behind left
- 3-4 Step left to the left side, tap right nest to the left
- 5-6 Step right to the right side, tap left next to right
- 7-8 Step left to the left side, tap right next to left

STEP HOLD, TAP HOLD, STEP HOLD, TAP HOLD

- 1-2 Step right to the right side, hold
- 3-4 Tap left next to the right, hold
- 5-6 Step left to the left side, hold
- 7-8 Tap right next to the left, hold

FORWARD HOLD, TAP HOLD, BACK HOLD, TAP HOLD

- 1-2 Step forward on the right, hold
- 3-4 Tap left slightly behind the right, hold
- 5-6 Step back on the left, hold
- 7-8 Tap right foot slightly forward of the left, hold

JAZZ BOX (SHADOW STEP), JAZZ BOX (SHADOW STEP) 1/4 RIGHT

- 1-2 Cross right over the left foot, step back on the left
- 3-4 Step right to the right side, place left next to right foot
- 5-6 Cross right over the left foot, step back on the left
- 7-8 Make a 1/4 turn with the right foot, step left next to the right

CROSS POINTS, JAZZ BOX (SHADOW STEP)

- 1-2 Cross the right foot over the left, point left foot to the left side
- 3-4 Cross left foot over the right, point right foot to the right side
- 5-6 Cross right foot over the left, step back on the left





牆數: 4

REPEAT