

Young Hearts Run Free

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Jill Tait (UK)
音樂: Unknown



Sequence: AAB AAAAB AABBBB AA

PART A

CHASSE RIGHT, ½ TURN RIGHT WITH STEP LEFT, HOLD, ½ TURN LEFT, CHASSE RIGHT, TOE, KICK

1&2 Step right to right side. Close left beside right. Step right to right side
3&4 Turn ½ turn right with step to left side on left foot. Hold
5&6 Turn ½ turn left. Step right to right side. Close left beside right. Step right to right side
7-8 Touch left toe beside right. Kick left forward

CHASSE LEFT, ½ TURN LEFT, WITH STEP RIGHT, HOLD, ½ TURN RIGHT, CHASSE LEFT, TOE, KICK

9&10 Step left to left side. Close right beside left. Step left to left side
11&12 Turn ½ turn left with step to right on right side on right foot. Hold
13&14 Turn ½ turn right. Step left to left side. Close right beside left. Step left to left side
15-16 Touch right toe beside left. Kick right forward

SAILOR STEPS, RIGHT MONTEREY TURN

17&18 Cross right behind left. Step left to left side. Step right to place
19&20 Cross left behind right. Step right to right side. Step left to place
21 Touch right toe to right side
22 On ball of left, pivot ½ turn right, stepping right beside left
23-24 Touch left to left side. Step left beside right

RIGHT KICK BALL CHANGE, RIGHT MONTEREY TURN

25&26 Kick right foot forward. Step right foot in place. Step left foot in place
27&28 Kick right foot forward. Step right foot in place. Step left foot in place
29 Touch right to right side
30 On ball of left, pivot ½ turn right, stepping right beside left
31-32 Touch left to left side. Step left beside right

PART B

CHASSE RIGHT, BACK ROCK, TRIPLE ½ TURN RIGHT, BACK ROCK

1&2 Step right to right side. Close left beside right. Step right to right side
3-4 Rock back on left. Rock forward onto right
5&6 Triple step ½ turn right - stepping left, right, left
7-8 Rock back on right. Right forward onto left

WALK, FORWARD, KICK, MASHED POTATO BACK, SYNCOPATED JUMPS FORWARD & BACK WITH CLAPS

9-12 Walk forward - right, left, right. Kick left forward
&13 Split heels apart. Bring feet together sliding right behind left
&14 Split heels apart. Bring feet together sliding left behind right
&15 Split heels apart. Bring feet together sliding right behind left
&16 Split heels apart. Bring feet together sliding left behind right
&17-18 Jump forward, landing right, then left. Hold & clap
&19-20 Jump back, landing right, then left. Hold & clap