

Young Hearts

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Lorraine Brown (UK)
音樂: Young At Heart - The Ryes



RIGHT CHASSE, ROCK ROCK, LEFT CHASSE ¼ TURN, ROCK ROCK

1&2 Step right to right, close left beside right, step right to right
3-4 Rock back on left, rock right in place
5&6 Step left to left, close right beside left, step left back into ¼ turn right
7-8 Rock back on right, rock left in place

TOUCH FRONT SIDE, SAILOR ½ TURN, TOUCH FRONT SIDE, SAILOR ½ TURN

9-10 Touch right toe forward, touch right toe to right side
11&12 Right sailor making ½ turn right
13-14 Touch left toe forward, touch left toe to left side
15&16 Left sailor making ½ turn left

RIGHT CHASSE, ROCK ROCK, CHASSE ¼ TURN, ROCK ROCK

17&18 Step right to right, close left beside right, step right to right
19-20 Rock back on left, rock right in place
21&22 Step left to left, close right beside left, step back left into ¼ turn right
23-24 Rock back on right, rock left in place

¾ MONTEREY TURN, SYNCOPATED HEEL DIGS, HEEL HOOK

25-26 Touch right toe right, turn ¾ right stepping right beside left
27-28 Touch left toe left, step left beside right
29& Touch right heel forward, step right in place
30& Touch left heel forward, step left in place
31-32 Touch right heel forward, hook right heel to left knee

TOE ½ TURN RIGHT, STEP ½ PIVOT RIGHT, COASTER STEP, HEEL HOOK

33-34 Touch right toe back, make ½ turn right taking weight
35-36 Step forward left, pivot ½ turn right (weight ends on left)
37&38 Step back right, step left beside right, step forward right
39-40 Touch left heel to left diagonal, hook left heel to right knee

¼ TURN CHASSE, TRIPLE ½ TURN LEFT, COASTER STEP, FULL TURN LEFT

41&42 Step left ¼ left, close right beside left, step forward left
43&44 Triple ½ turn left stepping right, left, right
45&46 Step back left, step right beside left, step forward left
47-48 Make full turn over left shoulder stepping back right, left

Alternative steps

47-48 Walk forward right, left

REPEAT