

# Young Hearts

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Lorraine Brown (UK)  
音樂: Young At Heart - The Ryes



## RIGHT CHASSE, ROCK ROCK, LEFT CHASSE ¼ TURN, ROCK ROCK

1&2      Step right to right, close left beside right, step right to right  
3-4      Rock back on left, rock right in place  
5&6      Step left to left, close right beside left, step left back into ¼ turn right  
7-8      Rock back on right, rock left in place

## TOUCH FRONT SIDE, SAILOR ½ TURN, TOUCH FRONT SIDE, SAILOR ½ TURN

9-10      Touch right toe forward, touch right toe to right side  
11&12      Right sailor making ½ turn right  
13-14      Touch left toe forward, touch left toe to left side  
15&16      Left sailor making ½ turn left

## RIGHT CHASSE, ROCK ROCK, CHASSE ¼ TURN, ROCK ROCK

17&18      Step right to right, close left beside right, step right to right  
19-20      Rock back on left, rock right in place  
21&22      Step left to left, close right beside left, step back left into ¼ turn right  
23-24      Rock back on right, rock left in place

## ¾ MONTEREY TURN, SYNCOPATED HEEL DIGS, HEEL HOOK

25-26      Touch right toe right, turn ¾ right stepping right beside left  
27-28      Touch left toe left, step left beside right  
29&      Touch right heel forward, step right in place  
30&      Touch left heel forward, step left in place  
31-32      Touch right heel forward, hook right heel to left knee

## TOE ½ TURN RIGHT, STEP ½ PIVOT RIGHT, COASTER STEP, HEEL HOOK

33-34      Touch right toe back, make ½ turn right taking weight  
35-36      Step forward left, pivot ½ turn right (weight ends on left)  
37&38      Step back right, step left beside right, step forward right  
39-40      Touch left heel to left diagonal, hook left heel to right knee

## ¼ TURN CHASSE, TRIPLE ½ TURN LEFT, COASTER STEP, FULL TURN LEFT

41&42      Step left ¼ left, close right beside left, step forward left  
43&44      Triple ½ turn left stepping right, left, right  
45&46      Step back left, step right beside left, step forward left  
47-48      Make full turn over left shoulder stepping back right, left

### Alternative steps

47-48      Walk forward right, left

## REPEAT