

You're The One

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lana Harvey Wilson (USA) & Wynette Miller (NL)
音樂: You're The One - Troy Olsen



KICK-BALL-CROSS, CHASSE, FORWARD ROCK STEP, SHUFFLE ½ TURN LEFT

1&2 Kick right diagonally forward, step right next to left, cross left over right
3&4 Step right to right side, step left next to right, step right to right side
5-6 Rock left forward, recover weight onto right
7&8 Shuffle left-right-left turning ½ left

KICK-BALL-CROSS, CHASSE, FORWARD ROCK STEP, ¼ TURN FORWARD SHUFFLE

9&10 Kick right diagonally forward, step right next to left, cross left over right
11&12 Step right to right side, step left next to right, step right to right side
13-14 Rock left forward, recover weight onto right
15&16 Turning ¼ left shuffle forward left-right-left

STEP, SWIVELS, COASTER STEP. RIGHT AND LEFT

17&18 Step on ball of right forward, swivels heels to right, swivel heels to center
19&20 Step right back, step left next to right, step right forward
21&22 Step on ball of left forward, swivels heels to left, swivel heels to center
23&24 Step left back, step right next to left, step left forward.

WALKS FORWARD, ROCK STEP FORWARD & STEP BACK, WALKS BACK, COASTER STEP

25-26 Step right forward, step left forward
27&28 Rock right forward, recover weight onto left, step right back
29-30 Step left back, step right back
31&32 Step left back, step right next to left, step left forward

TOUCH, CROSS, TOUCH, CROSS, SIDE, BEHIND, BACK, HEEL, HEEL

33-34 Touch right toe to right side, step right across left
35-36 Touch left toe to left side, step left across right
37-38 Step right to right, cross step left behind right
&39-40 Step right slightly back, touch left heel forward on left diagonal twice

SIDE, BEHIND, BACK, HEEL, HEEL, MODIFIED MONTEREY

41-42 Step left to left, step right behind left
&43-44 Step back on left, touch right heel on right diagonal twice
45-46 Touch right to right side, turning ½ right on ball of left step right next to left
47&48 Touch left to left, step left next to right, touch right to right

ROCK RECOVER, ½ TURN SHUFFLE TWICE, BACK COASTER

49-50 Rock forward right, recover back on left
51&52 Shuffle right-left-right turning ½ right
53&54 Shuffle left-right-left turning ½ right
55&56 Step back on right, step left next to right, step forward right

ROCK RECOVER, BACK COASTER, ½ TURN SHUFFLE TWICE

57-58 Rock forward left, recover back on right
59&60 Step back on left, step right next to left, step forward on left
61&62 Shuffle right-left-right turning ½ left

63&64 Shuffle left-right-left turning $\frac{1}{2}$ left

REPEAT

OPTIONAL ENDING

Dance will end on count 41 on 9:00 wall. If you want to finish facing front wall turn $\frac{1}{4}$ right on the & count before count 39 on last pattern only:

37-38 Step right to right, cross step left behind right

&39-40 Step right turning $\frac{1}{4}$ right, touch left heel forward on left diagonal twice

41 Step left to left and hold
