

You're The One

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Norma Venette
音樂: You're the One That I Want - John Travolta & Olivia Newton-John



Sequence: A,A,B,C,A,B,B,A,B,C,C,C

PART A

- 1-2 Stomp right foot forward, fan toes right,
3&4 Fan toes left, right, center
&5-6 Bring right foot back, stomp left foot forward, fan toes left,
7&8 Fan toes right, left, center
- &9 Bring left foot back, cross right over left touch toes
&10 Snap heel down, step back on left
&11 Snap heel down, step to right on toes
&12 Snap heel down, cross left over right
& Snap left heels down
13&14 Step back on right toes, snap down, step to left on toes
&15 Snap heel touch, touch right toes next to left keeping weight on left,
&16 Clap twice
- 17-18 Kick right foot forward, kick right foot back
19&20 Right kick-ball-change
21-22 Kick left foot forward, kick left foot back
23&24 Left kick-ball-change
- 25-32 Repeat counts 9-16 (starting with count 1 not the &)

PART B

- 1-4 Walk forward right, left, right, pivot ½ turn left

PART C

- 1&2 Step right forward on toes, snap heel down, step forward on left toes
3&4 Snap heels down, step back on right toes, snap heels down
5&6 Step back on left toes, turn ¼ to the left while snapping heel down (note:at same time turn head left), turn head to the right
7&8 Turn head to the left, turn head straight ahead, shrug shoulders up then down
- 9-16 Repeat 1-8
17-24 Repeat 1-8
- 25-28 Kick right foot diagonal left, kick right foot to right side, right coaster step
29-32 Kick left foot diagonal right, kick left foot to left side, left coaster step