

# You're My Sanctuary

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Gary Parker (AUS) & Cheryl Parker (AUS)  
音樂: Sanctuary - Jamie O'Neal



## ROCK, ROCK, SHUFFLE, UNWIND, SYNCOPATED 45S

1-2-3&4      Rock forward on right, rock back on left, shuffle back right-left-right  
5-6      Touch left toe back, unwind ½ turn left (weight on left)  
7&      Touch right heel at 45 degrees, step right beside left  
8&      Touch left heel at 45 degrees, step left beside right

## ¼ PIVOT, CROSS, SIDE SHUFFLE, ROCK, ROCK & STEP

1-3      Step forward on right, pivot ¼ turn left weight on left, cross right over left  
4&5      Step left to left, step right together, step left to left side (side shuffle)  
6-7&8      Rock back on right, rock forward on left, step right next to left, step forward on left

## ROCK, ROCK, 1 ½ TURN TRIPLE STEP, ROCK, ROCK, SHUFFLE

1-2-3&4      Rock forward on right, rock back on left, turning 1 ½ turns right doing triple step right-left-right  
5-6-7&8      Rock forward on left, rock back on right, shuffle back left-right-left

## TOUCH, UNWIND, COASTER, ROCK, ROCK, CROSS SHUFFLE

1-2      Touch right toe back, unwind ½ turn right (weight on left)  
3&4      Step back on right, step left together, step forward on right (coaster)  
5-6-7&      Rock left to left side, rock right to right side, cross left over right, step right to right  
8      Step left over right (cross shuffle)

## REPEAT

Count 19 & 20 optional ½ turn triple step. End dance facing front wall on count 15 & 16.