You're Killin' Me



拍數: 48 牆數: 4 級數: Improver

編舞者: Denny Hengen (USA)

音樂: You're Killin' Me - Rick Tippe



KICK, FLICK & PIVOT, STEP, TOUCH, SIDE TOUCH, KNEE SLAP, SIDE TOUCH, KNEE SLAP

1-2 Kick right foot forward, flick right foot back as you turn ¼ turn to the left o	ft on ball of left foot
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3-4 Step forward on right foot, touch toes of left foot next to right foot

5-6 Touch left toes out to left side, hitch left knee on 45 degrees right angle in front of right knee

and slap left knee with right hand

7-8 Touch left toes out to left side, hitch left knee on 45 degrees right angle in front of right knee

and slap left knee with right hand

VINE LEFT WITH ELVIS KNEE, VINE RIGHT WITH ELVIS KNEE

1-2 Step side left on left foot, cross and step right foot behind left foot

3-4 Step side left on left foot, keeping toes of right foot on the floor, snap left leg straight back as

you swivel right knee in towards left leg

Arm motions -- Extend left arm forward and down with palm facing floor, while extending right arm back with palm facing up

5-6 Step side right on right foot, cross and step left foot behind right foot

7-8 Step side right on right foot, keeping toes of left foot on the floor, snap right leg straight back

as you swivel left knee in towards right leg

Arm motions -- Extend right arm forward and down with palm facing floor, while extending left arm back with palm facing up

KICK, FLICK & PIVOT, STEP, TOUCH, SIDE TOUCH, KNEE SLAP, SIDE TOUCH, KNEE SLAP

Kick left foot forward, flick left foot back as you turn 1/4 turn to the right on ball of right foot 1-2

3-4 Step forward on left foot, touch toes of right foot next to left foot

Touch right toes out to right side, hitch right knee in front & across left knee and slap right 5-6

knee with left hand

7-8 Touch right toes out to right side, hitch right knee in front & across left knee and slap right

knee with left hand

VINE RIGHT WITH ELVIS KNEE, VINE LEFT WITH ELVIS KNEE

1-2 Step side right on right foot, cross and step left foot behind right foot

3-4 Step side right on right foot, keeping toes of left foot on the floor, snap right leg straight back

as you swivel left knee in towards right leg

Arm motions -- Extend right arm forward and down with palm facing floor, while extending left arm back with palm facing up

5-6 Step side left on left foot, cross and step right foot behind left foot

7-8 Step side left on left foot, keeping toes of right foot on the floor, snap left leg straight back as

you swivel right knee in towards left leg

Arm motions -- Extend left arm forward and down with palm facing floor, while extending right arm back with palm facing up

FORWARD SHUFFLE, SCOOT FORWARD, SCOOT BACK, STEP & 1/4 PIVOT, ROCK-ROCK

1&2	Step right foot forward, slide and step left foot next to right foot, step right foot forward
3-4	Scoot forward on right foot while kicking left foot forward, scoot back on right foot while
	flicking left foot back

Step forward on left foot, pivot 1/4 turn to the right 5-6

7-8 Rock step back onto left foot, rock forward onto right foot in place

FORWARD SHUFFLE, SCOOT FORWARD, SCOOT BACK, STEP & 1/4 PIVOT, ROCK-ROCK

1&2	Step left foot forward, slide and step right foot next to left foot, step left foot forward
3-4	Scoot forward on left foot while kicking right foot forward, scoot back on left foot while flicking right foot back
5-6	Step forward on right foot, pivot ¼ turn to the left
7-8	Step forward on right foot, pivot ¼ turn to the left

REPEAT