

You'll Regret It

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Gary Steele (UK)
音樂: You Are My Sunshine - Norman Blake



SHUFFLE FORWARD LEFT SCUFF, SHUFFLE FORWARD RIGHT SCUFF, MAMBO FORWARD, SHUFFLE BACK RIGHT

1&2& Shuffle diagonally forward left, right, left, scuff right foot forward
3&4& Shuffle diagonally forward right, left, right, scuff left foot forward
5&6 Rock forward onto left, recover weight onto right, step left slightly back
7&8 Shuffle back right, left, right

LEFT COASTER STEP, CROSS STRUT, TOE STRUT, CROSS ROCK RIGHT SIDE, CROSS STRUT, TOE STRUT

1&2 Left back, close right next to left, step left diagonally forward
3&4& Cross right toe over left, bring right heel down, step left toe to left side, bring left heel down
5&6 Cross rock right over left, recover weight onto left, step right to right side
7&8& Cross left toe over right, bring left heel down, step right toe to right side, bring right heel down

CROSS ROCK ¼ TURN LEFT, SHUFFLE FORWARD RIGHT, TOE STRUTS FORWARD, MAMBO FORWARD RIGHT

1&2 Cross rock left over right, recover weight onto right, step left foot forward making a ¼ turn left
3&4 Shuffle forward right, left, right
5&6& Left toe, heel, right toe heel traveling forward
7&8 Rock forward onto left foot, recover weight onto right, step left slightly back

SHUFFLE BACK RIGHT, WALK BACK LEFT, RIGHT, LEFT COASTER CROSS, RIGHT CHASSE

1&2 Shuffle back right, left, right
3-4 Step back left, right
5&6 Step left back, close right next to left, cross left over right
7&8 Step right to right side, close left next to right, step right to right side

REPEAT

TAG

At the end of wall 9 do the following:

1-2 Sway left, right

Restart the dance again and enjoy
