

You Still Got It

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mark Cook (UK)
音樂: You Still Got It - Ricochet



MAMBO ROCK STEPS

1&2 Rock right to right side, replace right next to left
3&4 Rock left to left side, replace left next to right
5&6 Rock forward on right, replace right next to left
7&8 Rock back on left, replace left next to right

SHUFFLE, ROCK, FORWARD AND BACK TWICE

9&10 Shuffle forward, right, left, right
11&12 Rock forward on left, rock back on right, rock back on left
13&14 Shuffle back, right, left, right
15&16 Rock back on left, rock forward on right, rock forward on left

1/3 PADDLE TURN, JAZZ BOX, PIVOT TURN

17& Point right toe to right side, hitch right knee, making ¼ turn left
18&19& Repeat steps 17& twice
20 Point right toe to right side
21&22 Cross right over left, step left back, step right to right side
23&24 Step forward on left, ½ pivot turn over right shoulder

JAZZ BOX, PIVOT TURN, KICK BALL, KICK STEP BACK

25&26 Cross left over right, step back on right, step left to left side
27-28 Step forward on right, pivot ½ turn over left shoulder
29&30 Kick right forward, replace right next to left, step left in place
31-32 Kick right forward, step back on right

SWIVEL TURNS, JAZZ BOX, CROSS POINT

33-34 Swivel ¼ turn to the right on balls or feet, and swivel back ¼ turn to left
35&36 Repeat steps (33-34), and swivel ½ turn over right shoulder
37&38 Cross right over left, step back on left, step right to right side
39-40 Cross left over right, point left to left side

SAILOR ¼ TURN, SHUFFLE, SWEEP, SHUFFLE

41&42 Cross left behind right, while making ¼ turn left step back on right, step forward on left
43&44 Shuffle forward right, left, right
45-46 Sweep left leg around to the right making ¼ turn to right, place weight onto left
47&48 Shuffle back right, left right

SIDE STEP, HIP BUMPS, SHUFFLE ¼ TURN, PIVOT TURN

49-50 Step left to left side and bump hips to the left, bump hips to right
51&52 Bump hips left, right, left
53&54 Shuffle to the right, right, left, right, making ¼ turn to the right
55-56 Step forward on left, pivot ½ turn over right shoulder

SHUFFLE, ¼ TURN, SHUFFLE, ¼ TURN, ROCK STEP

57&58 Shuffle forward left, right, left
59-60 Step forward on right, make ¼ turn over left shoulder

61&62

Shuffle forward right, left, right

63&64

Rock forward on left, rock back on right, step left next to right

REPEAT
