

# You Light Up My Life

**COPPER KNOB**  
STEPSHEETS

拍數: 42      牆數: 4      級數: Intermediate waltz  
編舞者: Helena Jeppsson (SWE)  
音樂: You Light Up My Life - Westlife



## TWINKLE LEFT, CROSS, ¼ TURN RIGHT, 1/8 TURN RIGHT

- 1 Turn 1/8 right and step left forward (1:30)
- 2 Turn 1/8 left and step right to side
- 3 Turn 1/8 left and step left slightly forward (10:30)
- 4 Step right forward
- 5 Turn ¼ right and step left to side
- 6 Turn 1/8 right and step right back (facing 3:00)

## BACK, ¼ TURN RIGHT CHASSÉ, CROSS ROCK, SIDE

- 1 Step left back
- 2&3 Turn ¼ right and step right to side, step left together, step right to side (facing 6:00)
- 4-5 Cross/rock left over right, recover onto right
- 6 Step left to side

## TWINKLE ½ TURN RIGHT, TWINKLE LEFT

- 1 Turn 1/8 left and step right forward (4:30)
- 2 Turn 3/8 right and step left back
- 3 Turn ¼ right and step right to side
- 4 Turn 1/8 right and step left forward (1:30)
- 5 Turn ¼ left and step right to side (facing 10:30)
- 6 Step left forward

## FORWARD, ¼ TURN RIGHT, ¼ TURN RIGHT WITH SWEEP, TWINKLE RIGHT BACKWARDS

- 1 Step right forward
- 2 Turn 3/8 right and step left to side
- 3 Turn ¼ right and sweep right front to back
- 4 Turn 1/8 right and step right back
- 5 Turn 1/8 left and step left to side (facing 6:00)
- 6 Step right to side

## TWINKLE RIGHT LEFT

- 1 Turn 1/8 right and step left forward (7:30)
- 2 Turn 1/8 left and step right to side
- 3 Turn 1/8 left and step left slightly forward (4:30)
- 4 Step right forward
- 5 Turn 1/8 right and step left to side
- 6 Step right forward (6:00)

## STEP BACK, ¼ TURN RIGHT CHASSÉ, CROSS ROCK, SIDE

- 1 Step left back
- 2&3 Turn ¼ right and step right to side, step left together, step right to side
- 4 Cross/rock left over right (10:30)
- 5 Recover onto right (9:00)
- 6 Step left to side

## TWINKLE ¾ TURN RIGHT WITH HITCH, BACK, ROCK STEP

- 1 Turn 1/8 left and step right forward (7:30)
- 2 Turn 1/4 right and step left back
- 3 Turn 3/8 right and hitch right knee (4:30)
- 4 Step right back (3:00)
- 5 Rock left to side
- 6 Recover onto right

**REPEAT**

**TAG**

**At the end of 1st and 3rd wall**

**CROSS ROCK, SIDE, CROSS, FULL TURN LEFT**

- 1-2 Cross/rock left over right, recover onto right
  - 3 Step left to side
  - 4 Cross right over left
  - 5-6 Unwind a full turn left (weight to right)
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