

# You Light Up My Life

COPPERKNOB  
STEPSHEETS

拍數: 42      牆數: 2      級數: Intermediate waltz  
編舞者: Luke van der Meer (AUS)  
音樂: You Light Up My Life - LeAnn Rimes



- 1-3            Step right foot back, step left foot back beside right foot, step right foot forward  
4-6            Step left foot forward, step right foot beside left, step left foot in place
- 7-9            Step foot back, touch left foot beside right, rock left foot out to the left side  
10-11         Rock weight back onto right foot, turning ½ turn back left, step left foot forward  
12             Step right foot forward
- 13-14         Step left foot forward, pivot ¼ turn right (taking weight onto right foot)  
15             Step/cross left foot in front of right  
16-17         Rock right foot out to the right side, rock weight back onto the left foot  
18             Step/cross right foot in front of left
- 19-20         Turning ¼ turn right step left foot back, step right foot back  
21             Slide left foot back to touch beside right foot (keep weight on right foot)  
22-23         Step left foot forward, step right foot forward turning around ½ turn left  
24             Step left foot forward around a further ½ turn back left (full turn spin forward stepping left-right-left)
- 25-26         Step right foot forward, pivot ¼ turn left (taking weight onto left foot)  
27             Step/cross right foot in front of left  
28-29         Rock left foot out to the left side, rock weight back onto right foot  
30             Step/cross left foot in front of right
- 31-33         Turning ¼ turn left step right foot back, step left foot beside right, step right foot forward  
34-35         Step left foot forward turning ½ turn left, step right foot back  
36             Step left foot beside right (changing weight onto left foot)
- 37-38         Step right foot back, step left foot beside right (taking weight onto left foot)  
39             Step right foot in place  
40-41         Step left foot forward turning ½ turn left, step right foot back  
42             Step left foot beside right (changing weight onto left foot)

## REPEAT

## TAG

**At the end of the dance on walls 1, 3, and 5**

- 1-2            Step right foot back, hook left heel up in front of right knee  
&3            Stepping forward onto left foot, step right foot forward  
4-5            Step left foot forward, hook right heel up behind left knee  
&6            Stepping back onto right foot, step left foot back

**Also, on the 6th wall or 6th time you do the dance, you will notice the music slowing down and stopping for a short period. Here you finish doing the first 21 beats of the dance (this should be on the words "my") then hold there where you are at wait for the words "life" to be sung before continuing the dance as you normally would. Dance should finish on beat 33 after this break.**