

# You Go Girl

拍數: 40      牆數: 2      級數: Improver  
編舞者: Cathy Montgomery (CAN)  
音樂: Katie Wants a Fast One - Steve Wariner & Garth Brooks



## TOE HEEL STEP CROSS HOLD, TOE HEEL STEP CROSS HOLD

1-2      Touch right toe to left instep, touch right heel forward  
3-4      Step right foot slightly in front of left, hold  
5-6      Touch left toe to right instep, touch left heel forward  
7-8      Step left foot slightly in front of right, hold

## RIGHT TOE HEEL STRUT, LEFT TOE HEEL STRUT, ROCK RIGHT TO RIGHT SIDE, ¼ TURN LEFT

1-2      Touch right toe to side, step right foot in place  
3-4      Touch left toe across right foot, step left foot in place  
5-6      Rock right foot to side, recover onto left  
7-8      Step right foot behind left, turn ¼ turn left and step left foot to side

## FOUR TOE HEEL STRUT'S GOING FORWARD STARTING ON RIGHT

1-2      Touch right toe forward, step right foot in place  
3-4      Touch left toe forward, step left foot in place  
5-8      Repeat steps 1-4

## MAMBO FORWARD RIGHT, MAMBO BACK LEFT MAMBO SIDE RIGHT ¼ TURN LEFT, MAMBO SIDE LEFT

1&2      Rock right foot forward, recover to left foot, step right foot beside left  
3&4      Rock left foot back, recover to right foot, step left foot beside right  
5&6      Rock right foot to side, turn ¼ turn left and step left foot slightly forward, step right foot beside left  
7&8      Rock left foot to side, step right foot in place, step left foot beside right

## JAZZ BOX WITH TOE HEEL DROPS

1-4      Touch right toe across left, step right foot in place, touch left toe back, step left foot in place  
5-8      Touch right toe to side, step right foot in place, touch left toe beside right foot, step left foot in place

## REPEAT

## TAG

After count 16 of the 6th wall, the music slows down. Instead of doing the following

## FOUR 2 COUNT KNEE ROLLS STARTING WITH RIGHT LEG

1-8      Step forward slightly with right foot and roll knee twice to the right, step forward slightly with left foot, and roll knee twice to the left, repeat for 8 counts

Once your knee rolls are complete, begin the dance again. You now face 2 different walls