

# You Can Dance

COPPERKNOB  
BY STEPHEN HETS

拍數: 64      牆數: 4      級數: Phrased Intermediate / Advanced  
編舞者: Mark Bagnall (UK)  
音樂: Dancing Queen - ABBA



Sequence: AA Tag BB Tag Tag A Tag B to fadeout. I.E. Part A for verses and part B for chorus. Start on the first verse ("Friday night...")

## PART A

### A1: ROCK AND CROSS TWICE, SHUFFLE ¼ LEFT, SHUFFLE ½ LEFT

1&2      Step right foot to right, replace weight on left foot, step right foot over left foot  
3&4      Step left foot to left, replace weight on right foot, step left foot over right foot  
5&6      Shuffle ¼ turn left (right-left-right)  
7&8      Shuffle ½ turn left (left-right-left)

### A2: ½ PIVOT TURN LEFT, KICK BALL-CHANGE, DIAGONAL SHUFFLES TWICE

1-2      Step right foot forward, turn ½ left stepping left foot forward  
3&4      Kick right foot forward, replace right foot, replace left foot  
5&6      Shuffle forward diagonally right (right-left-right)  
7&8      Shuffle forward diagonally left (left-right-left)

### A3: HINGE TURN ½ RIGHT, STOMP TWICE, WAIT TWICE WITH CLAPS, HEEL CHANGES, HEEL TAPS TO SIDE

1-2      Step right foot to right, turn ½ right stepping left foot to left  
3&      Stomp right foot, stomp left foot  
4&      Clap twice  
5&6&      Right foot heel forward, replace right foot, left foot heel forward, replace left foot  
7-8      Point right foot toe slightly diagonally right with two right foot heel bounces

### A4: HIP BUMP X3, ¾ TURN LEFT, (BUMPS AND TURNS SHOULD FIT WITH THE MUSIC)

1      Bump hips (right)  
2&      Bump hips (left, right)  
3-4      Wait  
5      Turn ¼ to left (left)  
6&      Turn ½ to left (right, left)  
7-8      Wait

## PART B

Sections 3 and 4 are mirror images of sections 1 and 2: i.e., Left becomes right etc

### B1: ROCK, REPLACE, SHUFFLE ACROSS, SPIN ¾ RIGHT, SHUFFLE FORWARD

1-2      Step right foot to right side, replace weight on left foot  
3&4      Shuffle right foot across left foot (right-left-right)  
5-6      Turn ¼ right (left), turn ½ right (right)  
7&8      Shuffle forward (left-right-left)

### B2: WALK FORWARD TWICE, TOE TAP, SYNCOPATED PADDLE TURN ¾ LEFT, SHUFFLE FORWARD

1-2      Walk forward twice (right, left)  
3      Tap right foot toe in place  
&4&5&6      (Tap right foot toe diagonally right, put weight on right foot toe as left foot turns ¼ left) x3  
7&8      Shuffle forward (right-left-right)

### B3: ROCK, REPLACE, SHUFFLE ACROSS, SPIN ¾ LEFT, SHUFFLE FORWARD

- 1-2 Step left foot to left side, replace weight on right foot
- 3&4 Shuffle left foot across right foot (left-right-left)
- 5-6 Turn  $\frac{1}{4}$  left (right), turn  $\frac{1}{2}$  left (left)
- 7&8 Shuffle forward (right, left)

**B4: WALK FORWARD TWICE, TOE TAP, SYNCOPATED PADDLE TURN  $\frac{3}{4}$  RIGHT, SHUFFLE FORWARD**

- 1-2 Walk forward twice (left, right)
- 3 Tap left foot toe in place
- &4&5&6 (Tap left foot toe diagonally left, put weight on left foot toe as right foot turns  $\frac{1}{4}$  right) x3
- 7&8 Shuffle forward (left-right-left)

**TAG**

**ROCK, REPLACE, WEAWE LEFT, ROCK, REPLACE,  $\frac{3}{4}$  TURN LEFT**

- 1-2 Step right foot to right side, replace weight on left foot
  - 3&4 Step behind left foot with right foot, left foot to left side, step right foot in front of left foot
  - 5-6 Step left foot to left side, replace weight on right foot
  - 7&8 Shuffle  $\frac{3}{4}$  turn to left (left-right-left)
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