

You Are My Life

COPPER KNOB
BY STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Zandra Mangan (UK)
音樂: You Are My Life - Michael Jackson



LEFT LOCK FORWARD, RIGHT LOCK FORWARD

1-2-3 Step forward on left foot, lock right in behind left, step forward on left
4-5-6 Step forward on right foot, lock left in behind right, step forward on right

ROCK RECOVER HALF TURN TWICE

1-2-3 Rock forward on left, recover weight back onto right, ½ turn left stepping forward onto left
4-5-6 Rock forward on right, recover weight back on left, ½ turn right stepping forward onto right

STEP PIVOT ½ TURN, STEP PIVOT ¼ TURN, CROSS

1-2-3 Step forward onto left, pivot ½ turn over right shoulder, step forward onto left
4-5-6 Step forward onto right, pivot ¼ turn over left shoulder, cross right over left

ROCK AND CROSS TWICE

1-2-3 Rock left out to left side, recover weight onto right, cross left over right
4-5-6 Rock right out to right side, recover weight onto left, cross right over left

STEP, DRAG, TOUCH, ROLLING GRAPEVINE

1-2-3 Long step left to left side, drag right next to left, touch right next to left (no weight)
4-5-6 ¼ turn right, stepping down on right, ½ turn left stepping back on left, ¼ turn on right stepping on right

STEP, DRAG, TOUCH, ROLLING GRAPEVINE

1-2-3 Long step left to left side, drag right next to left, touch right next to left (no weight)
4-5-6 ¼ turn right, stepping down on right, ½ turn left stepping back on left, ¼ turn on right stepping on right

TWINKLE TWICE

1-2-3 Step left over right, rock right out to the right side, rock recover weight onto left
4-5-6 Step right over left, rock left out to the left side, rock recover weight onto right

TWINKLE ½ TURN, TWINKLE

1-2-3 Step left over right, ¼ turn left stepping back on right, ¼ turn left stepping left to left side
4-5-6 Step right over left, rock left out to the left side, rock recover weight onto right

REPEAT
