

# You Are My Life

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Zandra Mangan (UK)  
音樂: You Are My Life - Michael Jackson



## LEFT LOCK FORWARD, RIGHT LOCK FORWARD

1-2-3      Step forward on left foot, lock right in behind left, step forward on left  
4-5-6      Step forward on right foot, lock left in behind right, step forward on right

## ROCK RECOVER HALF TURN TWICE

1-2-3      Rock forward on left, recover weight back onto right, ½ turn left stepping forward onto left  
4-5-6      Rock forward on right, recover weight back on left, ½ turn right stepping forward onto right

## STEP PIVOT ½ TURN, STEP PIVOT ¼ TURN, CROSS

1-2-3      Step forward onto left, pivot ½ turn over right shoulder, step forward onto left  
4-5-6      Step forward onto right, pivot ¼ turn over left shoulder, cross right over left

## ROCK AND CROSS TWICE

1-2-3      Rock left out to left side, recover weight onto right, cross left over right  
4-5-6      Rock right out to right side, recover weight onto left, cross right over left

## STEP, DRAG, TOUCH, ROLLING GRAPEVINE

1-2-3      Long step left to left side, drag right next to left, touch right next to left (no weight)  
4-5-6      ¼ turn right, stepping down on right, ½ turn left stepping back on left, ¼ turn on right stepping on right

## STEP, DRAG, TOUCH, ROLLING GRAPEVINE

1-2-3      Long step left to left side, drag right next to left, touch right next to left (no weight)  
4-5-6      ¼ turn right, stepping down on right, ½ turn left stepping back on left, ¼ turn on right stepping on right

## TWINKLE TWICE

1-2-3      Step left over right, rock right out to the right side, rock recover weight onto left  
4-5-6      Step right over left, rock left out to the left side, rock recover weight onto right

## TWINKLE ½ TURN, TWINKLE

1-2-3      Step left over right, ¼ turn left stepping back on right, ¼ turn left stepping left to left side  
4-5-6      Step right over left, rock left out to the left side, rock recover weight onto right

## REPEAT

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