

You And You Alone

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Noel Castle (AUS)
音樂: You and You Alone - Randy Travis



ROCK FORWARD, RECOVER BACK, ROCK BACK, RECOVER FORWARD, CROSS, HOLD, UNWIND FULL TURN LEFT

1-2-3-4 Rock right forward, recover left back, rock right back, recover left forward
5-6-7-8 Cross right over left, hold, unwind full turn left for 2 counts (end weight right)

ROCK FORWARD, RECOVER BACK, ROCK BACK, RECOVER FORWARD, CROSS, HOLD, UNWIND $\frac{3}{4}$ TURN RIGHT

1-2-3-4 Rock left forward, recover right back, rock left back, recover right forward
5-6-7-8 Cross left over right, hold, unwind $\frac{3}{4}$ turn right for 2 counts (end weight left)

ROCK SIDE, RECOVER, CROSS-AND-CROSS, ROCK SIDE, RECOVER, CROSS-AND-CROSS

1-2 Rock/step right side, recover left in place
3&4 Cross right over left, step left side (&), cross right over left
5-6 Rock/step left side, recover right in place
7&8 Cross left over right, step right side (&), cross left over right

SIDE-CROSS $\frac{1}{4}$ RIGHT, KICK-BALL-BACK, KICK-BALL-BACK, TAP, BRUSH, FORWARD $\frac{1}{4}$ RIGHT

&1 Step right side (&), cross left over right into $\frac{1}{4}$ turn right
2&3 Kick right forward, step back on ball of right (&), step left back
4&5 Kick right forward, step back on ball of right (&), step left back
6-7 Tap right toe behind left heel, brush right forward diagonal right (start $\frac{1}{4}$ turn right)
8 Step right forward (completing $\frac{1}{4}$ turn right)

SHUFFLE FORWARD, SWEEP/TAP CROSSED IN FRONT, SWEEP/TAP CROSSED BEHIND, SHUFFLE BACK

1&2 Shuffle forward left-right-left
3 Sweep right in arc from back to front (keep toe pointed, and touching floor)
4 Tap right toe lightly on left side of left foot
5 Sweep right in arc from front to back (keep toe pointed, and touching floor)
6 Tap right toe lightly behind left side of left foot
7&8 Shuffle backward right-left-right

SHUFFLE BACK $\frac{1}{2}$ LEFT, SPIN FULL TURN LEFT, FORWARD, HOOK, $\frac{1}{4}$ LEFT, BRUSH

1&2 Shuffle back making $\frac{1}{2}$ turn left left-right-left
3-4 Step right forward into $\frac{1}{2}$ turn left, step left back into $\frac{1}{2}$ turn left
Spin full turn left on balls of feet
5-6 Step right forward, hook left toe low behind right (just above ankle)
7-8 Step left back into $\frac{1}{4}$ turn left (long step), brush right forward

REPEAT
