

You And Me

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Alison J. Austerberry (UK)
音樂: I Wanna Talk About Me - Toby Keith



Sequence: AB, AB, B to end

PART A

KICK BALL POINTS, SAILOR STEPS

1&2 Kick right foot forward, quickly bring right foot next to left pointing left to left side
3&4 Kick left foot forward, quickly bring left foot next to right, point right to right side
5&6 Step right foot behind left, step left foot to left side, step right foot to right side
7&8 Step left foot behind right, step right to right side, step left foot to left side

MAMBO ROCKS, QUARTER TURN, TRAVELING BALL CHANGES

9&10 Rock forward on right, rock back onto left, step back right
11&12 Rock back on left, rock forward on right, step forward left
13-14 Step forward right, pivot ¼ turn left
15&16 Step forward right over left, step ball of left to left side, step right in place

TRAVELING BALL CHANGES

17&18 Step left forward over right, step ball of right to right side, step left in place

19-36 Repeat steps 1-18

CROSS ROCK, CHASSE RIGHT, UNWIND ½ TURN, LEFT SHUFFLE FORWARD

37-38 Cross rock right over left, rock back onto left
39&40 Step right to right side, close left beside right, step right to right side
41-42 Cross left over right, unwind half turn right
43&44 Step forward left, close right beside left, step forward left

KICK BALL CHANGE, KNEE POP

45&46 Kick right foot forward, step right beside left, step onto left in place
47-48 Roll right knee in, roll right knee out

PART B

RIGHT AND LEFT VAUDEVILLES, KICK BALL STEP, HIP BUMPS

&1 Step right diagonally back, touch left heel diagonally forward left
&2 Step left in place, cross right over left
&3 Step left diagonally back left, touch right heel diagonally forward right
&4 Step right in place, step left beside right
5&6 Kick right foot forward, step back slightly with right ball of foot, touch left next to right
7&8 Step forward left bumping hips - left right left

HITCH ¼ TURNS LEFT X 4 STEP AND SLIDE TWICE

&9 Hitch right knee making ¼ turn left, touch right to right side
&10&11 Repeat steps & 41 twice more
&12 Hitch right knee making ¼ turn left, step right beside left
13-14 Step left diagonally forward sliding right beside left
15-16 Step right diagonally back sliding left beside right

SYNCOPATED VINE, VINE LEFT

&17 Step right to right, cross left behind right
&18 Step right to right, cross left over right
&19 Step right to right, cross left behind right
&20 Step right to right, cross left over right
21-22 Rock right to right, recover on left
23&24 Cross right behind left, step left to left, step right forward

SWIVEL AND CLAP, SYNCOPATED STEPS AND HOLD

25&26 Step forward on left, swivel heels left then right (angling body at same time)
&27-28 Clap and hold
&29-30 Step back left, step right forward, shoulder forward, holding arms above head
&31-32 Step back right, step forward left, shoulder forward, holding arms above head

SYNCOPATED STEPS AND HOLD, ROCK RECOVER, COASTER STEP

&33-34 Step back left, step right forward, shoulder forward, holding arms above head
&35-36 Step back right, step forward left, shoulder forward, holding arms above head
37-38 Rock forward on right, rock back onto left
39&40 Step back right, step left beside right, step forward right

PIVOT ½ TURN RIGHT, LEFT SHUFFLE

41-42 Step forward left, pivot ½ turn right
43&44 Step forward left, close right beside left, step forward left

On the 9th wall only dance Part B up to Counts 27-28 and then begin Part B again
