You And Me



拍數: 54 牆數: 4 級數: Intermediate

編舞者: Julie Dowse (AUS) 音樂: You and Me - Lifehouse



RIGHT CROSS WALTZ, STEP FORWARD, HOLD, SWEEP

1-2-3	Cross/step right over	left, step left to left.	rock weight center right
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4-5-6 Step left forward to right 45 degrees, hold, start to sweep right to right (12:00)

RIGHT SWEEP CROSS WALTZ, STEP FORWARD, HOLD, SWEEP

1-2-3 Sweep/cross right over left, step left to left, rock weight center right
4-5-6 Step left forward to right 45 degrees, hold, start to sweep right to right

1/4 TURN LEFT, REPLACE, 1/2 TURN, FORWARD STEP, FULL TURN, FORWARD STEP

1-2-3 ½ turn over left stepping right forward, replace weight onto left, ½ turn over right stepping

right forward (3:00)

4-5-6 Step left forward, full turn over right on ball of left, step forward on right

FORWARD STEP, ½ TURN, BACK DRAG, FORWARD COASTER WALTZ

1-2-3 Step left forward, ½ turn over right (keeping weight on left), drag right back to left taking

weight

4-5-6 Step left forward, step right beside left, step left forward. (9:00)

ROCK. REPLACE, ½ TURN, STEP FORWARD, ½ PIVOT, DROP HEELS

1-2-3 Rock/step right forward, replace weight onto left, ½ turn over right stepping right forward

4-5-6 Step left forward, ½ pivot right raising heels, drop heels - weight right. (6:00)

STEP FORWARD, ½ TURN, TOE TOUCH - TWICE

1-2-3 Step left forward to right 45 degrees, ½ turn over left on ball of left (right leg extended behind

with foot slightly off the floor), touch right toe behind - weight left (2:00)

4-5-6 Step right forward to right 45 degrees, ½ turn over right on ball of right (left leg extended

behind with foot slightly off the floor), touch left toe behind - weight right (8:00)

STEP FORWARD, ½ TURN, STEP BESIDE, STEP BACK, ½ TURN, STEP BESIDE

1-2-3 (Straightening up to 6:00 wall) step left forward, ½ turn over left on ball of left, step right

beside left. (12:00)

4-5-6 Step back on left, ½ turn over right stepping right forward, step left beside right. (6:00)

CROSS/TOUCH, ¾ UNWIND TAKE WEIGHT, WALTZ BACK

1-2-3 Cross/touch right over left, ¾ unwind over left for 2 counts taking weight onto right (9:00)

4-5-6 Step back on left, step right beside left, step left beside right

Restart from here on wall 6

STEP FORWARD, ½ TURN, STEP BESIDE, STEP BACK, ½ TURN, STEP BESIDE

1-2-3 Step right forward, ½ turn over right on ball of right, step left beside right

4-5-6 Step back on right, ½ turn over left on ball of right, step left beside right. (9:00)

REPEAT

TAG

OCCURS AT THE END OF WALL 2

1-6 Waltz forward on right, waltz back on left

RESTART

On wall 6, dance to count 48 then restart dance

FINISH

Dance will finish on count 39. Turn 1/4 turn left to face front