

You & Me (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Nigel Payne (UK) & Barbara Payne (UK)
音樂: If I Could Have This Dance - Paul Bailey



Position: Sweetheart

SIDE-TOGETHER-FORWARD, TOUCH, SIDE, STEP BACK, ¼ RIGHT, CROSS-STEP

- 1-2 Step left to left side, step right beside left
- 3-4 Step forward left, touch right beside left
- 5-6 Step right to right side, step back on left
- 7-8 Step right ¼ turn right, cross left over right (facing OLOD)

½ TURN LEFT, CROSS-SHUFFLE, SIDE ROCK-RECOVER WITH ¼ TURN, LEFT SHUFFLE

Hands: release left hands, bring right over ladies head as you turn, rejoin at waist height

- 9-10 Step right to right side stepping ¼ turn left, step left foot ¼ turn left (facing ILOD)
- 11&12 Cross right over left, step left to left side, cross right over left
- 13-14 Rock left to left side, recover back onto right turning ¼ turn right, (facing LOD)

Hands: as you rock-recover & turn release left hands, take right over lady's head back into Sweetheart

- 15&16 Shuffle forward stepping left, right, left

MAN

FULL TURN LEFT, DIAGONAL SHUFFLE, WALK WALK, DIAGONAL SHUFFLE

Hands: release right hands, & raise left hands, man turns under raised left arm

- 17-18 Make full turn left stepping right, left
- 19&20 Shuffle forward to right diagonal stepping right left right

Man & lady have changed places, man now on OLOD facing LOD, lady on ILOD facing LOD, lady shuffles across man to change places

Hands: left hands remain held, do not pick up right hands

- 21-22 Walk forward left, right
- 23&24 Shuffle forward to left diagonal stepping left, right, left,

Now back in normal positions, man on ILOD facing LOD, lady on OLOD facing LOD. Lady shuffles across man to change places

Hands: rejoin back into Sweetheart

LADY

WALK, WALK, DIAGONAL SHUFFLE, FULL TURN RIGHT, DIAGONAL SHUFFLE

- 17-18 Walk forward right left
- 19&20 Shuffle forward to left diagonal stepping right, left, right,

Man & lady have changed places, man now on OLOD facing LOD, lady on ILOD facing LOD, lady shuffles across man to change places

Hands: left hands remain held, do not pick up right hands

- 21-22 Make full turn right stepping left, right,
- 23&24 Shuffle forward to right diagonal stepping left, right, left

Now back in normal positions, man on ILOD facing LOD, lady on OLOD facing LOD. Lady shuffles across man to change places

Hands: rejoin back into Sweetheart

WALK, WALK, SHUFFLE, LEFT ROCKING CHAIR

- 25-26 Walk forward right, left
- 27&28 Shuffle forward stepping right, left, right
- 29-30 Rock forward onto left foot, recover back onto right
- 31-32 Rock back on left foot, recover forward onto right

REPEAT

This couples dance is to go along side Ed Lawton's line dance, Could I Have This Dance? The music, which was written to raise money for the Meningitis Trust, can be got from Paul Bailey on 01743 850052
