

You And I Both

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Natalie Thorp
音樂: You & I Both - Jason Mraz



WALK FORWARD RIGHT, LEFT, FORWARD RIGHT COASTER, BEHIND UNWIND ½ LEFT, RIGHT KICK BALL STEP

1-2-3&4 Walk forward right, left, step right forward, step left together, step right back
5-6-7&8 Touch left behind right, unwind ½ left (weight on left) kick right forward, step right next to left, step left forward

ROCK, REPLACE, ACROSS, SIDE, REPLACE, STEP, ROCK, REPLACE, 1 ½ TRIPLE RIGHT

1-2&3-4 Rock right to right side, replace on left, step right across left, step left to left side, replace on right. (moving forward)
&5-6-7&8 Step left together, rock right forward, replace weight on left
7&8 1 ½ triple turning right stepping right, left, right

ROCK FORWARD, BACK LOCK, POINT SIDE, POINT ACROSS, POINT SIDE, TOGETHER, POINT SIDE

1-2-3&4 Rock left forward, replace on right, step left back, step right across left, step left back
5-6-7&8 Point right to right side, point right across left, point right to right side, step right together, point left to left side

¼ LEFT TURNING SAILOR, RIGHT FORWARD COASTER, FULL TURN BACK LEFT, BACK LEFT COASTER

1&2-3&4 Step left behind right, turning ¼ left step right to right side, step left to center, step right forward, step left beside right, step right back
5-6-7&8 Turn ½ left stepping forward on left, turn ½ left stepping back on right, step left back, step right beside left, step left forward

STEP DRAG, HEEL AND TOUCH, HIP BUMPS LEFT, HIP BUMPS RIGHT WITH ¼ LEFT TURN

1-2&3&4 Big step forward right 45 degrees, drag left together, step slightly back 45 degrees on left, touch right heel forward step right in place, touch left beside right
5&6-7&8 Step left to left side pushing hips left, right, left, push hips right, left turning ¼ left replace weight on right

ROCK BACK, REPLACE, 1 ¼ RIGHT TRIPLE FORWARD, RIGHT SAILOR, UNWIND ½ LEFT

1-2-3&4 Rock left back, replace weight on right, 1 ¼ triple right stepping left, right, left
5&6-7-8 Step right behind left, rock/step left to left side, replace weight on right, touch left behind right, unwind ½ left (weight on left)

ROCK ACROSS, REPLACE, SIDE, ACROSS, POINT, ¼ RIGHT SAILOR, ½ TURN LEFT

1-2&3-4 Rock right over left, replace on left, step right to right side, step left across right, point right to right side
5&6 Step right behind left, turning ¼ right step left to left side, step right to center
7-8 Step forward 45 degrees on left, turning ½ left step back on right

STEP BACK, TOUCH ACROSS, FORWARD, TOUCH, HOLD, SWAY LEFT, RIGHT, HINGE TURN ½ RIGHT, TOUCH

1-2&3-4 Step left back, touch right across left, step right forward, touch left next to right, hold with a clap
5-6-7-8 Sway left, sway right, replace weight on left, hinge ½ turn to right, touch right beside left

REPEAT

ENDING

To finish dance, at beat 48, unwind $\frac{1}{4}$ left to face front

RESTART

On wall 2, after 48 beats, unwind $\frac{3}{4}$ instead of $\frac{1}{2}$ to back, (weight on left)

On wall 3, after 32 beats, change coaster to left $\frac{1}{4}$ turning coaster to front (weight on left)

On wall 4, after 56 beats, instead of making $\frac{1}{2}$ turn, step left forward, touch right beside left facing back

On wall 6, after 32 beats, change coaster to left $\frac{1}{4}$ turning coaster to back (weight on left)
