

You And I

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Julie Carr (UK)
音樂: You and I - Céline Dion



FORWARD ROCK, TRIPLE FULL TURN, ROCK FORWARD, TRIPLE ¾ TURN

- 1-2 Rock forward on right, rock back on left
3&4 Make ½ turn right stepping forward on right, make ½ turn right step back on left, step forward on right
5-6 Rock forward on left rock back on right
7&8 Make ½ turn left stepping left forward, make ¼ turn left stepping right to right side, step left next to right

FORWARD ROCK, 2X TOUCH HALF TURNS RIGHT, TOUCH ¼ TURN RIGHT

- 1-2 Rock forward on right, rock back on left
3-4 Touch right toe back and make ½ turn right putting weight onto right
5-6 Touch left toe forward and make ½ turn right putting weight onto left
7-8 Touch right toe to right side making ¼ turn right putting weight onto right (facing 6:00)

SIDE ROCK, SYNCOPATED JAZZ BOX WITH ½ TURN, RIGHT SHUFFLE, ROCK STEP

- 1-2 Rock left to left side, rock back onto right
3&4 Cross left over right, make ¼ turn left stepping back onto right, make ¼ turn left stepping forward onto left
5&6 Step right forward, step left next to right, step right forward
7-8 Rock forward on left, rock back on right

SIDE ROCK, SYNCOPATED JAZZ BOX WITH ¼ TURN, STEP LOCK, STEP LOCK STEP

- 1-2 Rock left to left side, rock back onto right
3&4 Cross left over right, make ¼ turn left stepping back on right, step left next to right
5-6 Step right forward, lock left behind right
7&8 Step right forward, lock left behind right, step right forward (small step lock steps)

¾ HINGE TURN, SIDE SHUFFLE, ROCK BACK, RIGHT HEEL BALL CROSS

- 1-2 Make ½ turn right stepping back on left, make ¼ turn right stepping right to right side (facing 6:00)
3&4 Step left to left side, step right next left, step left to left side
5-6 Rock back on right, rock forward on left
7&8 Touch right heel forward, step right next left, cross left over right

½ HINGE TURN, RIGHT CROSS SHUFFLE, ½ HINGE TURN, LEFT CROSS SHUFFLE

- 1-2 Make ¼ left stepping back on right, make ¼ right stepping left to left side (facing 12:00)
3&4 Cross right over left, step left to left side, cross right over left
5-6 Make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side
7&8 Cross left over right, step right to right side, cross left over right

¾ LEFT HINGE TURN, FORWARD TRIPLE FULL TURN, STEP LOCK, STEP LOCK STEP

- 1-2 Make ¼ turn left stepping back on right, make ½ turn left stepping forward on left
3&4 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left, step right forward
5-6 Step left forward, lock right behind left
7&8 Step left forward, lock right behind left, step forward on left

REPEAT

RESTART

2nd wall, end of section 6 (facing 3:00)

TAG

4th wall, end of section 3, weight is on right foot, all you do is switch weight to left (& count). Start dance again
